

*Stockton University' Parent and
Family Partnerships Presents:*

Summer 2020

ORIENTATION

MATERIALS FOR PARENTS & FAMILY



Greetings Parents and Families,

On behalf of Student Affairs and Stockton Community you are now officially an Osprey! As the Vice President for Student Affairs and Chief Student Affairs Officer at Stockton, I oversee a collection of student support offices that are committed to helping your students accomplish their goals and dreams.

As members of the Stockton community, we are all committed to providing a campus environment that is civil, safe, community oriented and respectful to everyone. We adhere to principles supporting the human right to be treated with respect, dignity and care.

We encourage you to use our provided resources and participate that will serve to help YOU, the family, and your student. You can join in family-oriented activities, such as University Weekend; connect with the Parent and Families Association; or simply get to know our campus community – from our FirstOspreys program for first-generation students and our Student Success Services program, in addition to our faculty and staff.

In preparation for a new academic year, we continue our Culture of Respect Initiative in knowing that YOU play a critical role in supporting Stockton students success and well-being.

For more information, contact Office of Parent & Family Partnerships via family@stockton.edu.



**Dr. Christopher Catching
Vice President for Student Affairs**

Dear Family Members,

Congratulations to your student's acceptance to Stockton University! Stockton is a selective liberal arts university, and admission as a first-year student is a significant accomplishment. Our interdisciplinary focus and high standards are part of what makes attaining a Stockton degree such a valuable, challenging and rewarding experience.

I would like to take this opportunity to offer a few suggestions to help your student start their university journey on the right step:

The First Year of University: Students often find their first year of university much more challenging than high school. This is expected, and your continued encouragement and support are important in helping your student maintain a successful, positive outlook.

Enrolling in Courses: First-year students enroll in courses designed to provide a solid foundation for their future academic success. Because Stockton emphasizes interdisciplinary studies, your student is encouraged to take courses in a variety of fields, classes that build on their current interests, and discover new ones.

Essential Learning Outcomes (ELOs): Our faculty and staff have identified 10 ELOs that we believe all Stockton students should strive to achieve during their time with us, and which position them for success long after they graduate. To learn more, please visit: www.stockton.edu/elos.

Academic Advising: All Stockton students are assigned an academic advisor, known as a "preceptor." Preceptors help students navigate their degree programs and encourage them to become engaged in the overall Stockton experience. Preceptors also mentor students in the non-academic aspects of their chosen area of study, such as career-related advice. It is important for students to meet with their preceptors at least once each semester.

Progress toward Graduation: We all look forward to your student's graduation. One of their new-found responsibilities is to monitor their own progress toward meeting that goal. Our automated degree audit system (Degree Works) is available online and allows them to monitor their progress at any time. Students can also discuss their audit with their preceptor or an advisor in the Center for Academic Advising.

We trust that you and your student will take full advantage of all that Stockton has to offer, and we welcome you and your student to our community of scholars.

Sincerely,

Dr. Michelle Craig McDonald
Interim Provost and Vice President
for Academic Affairs



Welcome to Stockton University!

On behalf of Parent & Family Partnerships, we are excited to have you start your journey as an Osprey family member. Your support is critical to your students' success, which is why we have designed this online orientation just for you!

Your student recently received an email from Admissions with a link to an online self-guided orientation. The students must complete the online orientation and quiz prior to registering for courses for the fall semester. Shortly after completion, an email will be sent to your student inviting them to RSVP for a date to attend a virtual advising and course registration appointment.

For you as a family member we ask that you follow along with materials listed here in order to have conversations with your students about what they are learning in their orientation. Over the summer and through the first semester we will be posting updates here in the Google Classroom for you to review.

Parent & Family Partnerships should ALWAYS be your first point of contact for questions or concerns. Family members should be encouraging students to make all calls to the University as they transition. If you as the family member have questions about the content here, the transition to Stockton, or just anything at all we invite you to email us at family@stockton.edu or visit our website at www.stockton.edu/pfp and click the "contact us" button. We can help with anything you are worried about and are happy to set up a time to talk on the phone if that is preferable as well!

Again, we are so happy that you are joining us and remember we are here to help YOU and your student through every step of this process.

**Jennifer Radwanski
Director of Parent and Family Partnerships**



STOCKTON UNIVERSITY | PARENT & FAMILY PARTNERSHIPS



Parent and Family Partnerships serves as a resource to help **enhance** parents' and family members' **understanding** of the university experience in order to successfully and appropriately **empower their students**.

We're happy to provide information and guidance on how to empower your student to overcome challenges and make the most of their Stockton experience!

Stay in touch!

[Click Here to Sign up for the Parent and Family Partnerships email Listserv](#)

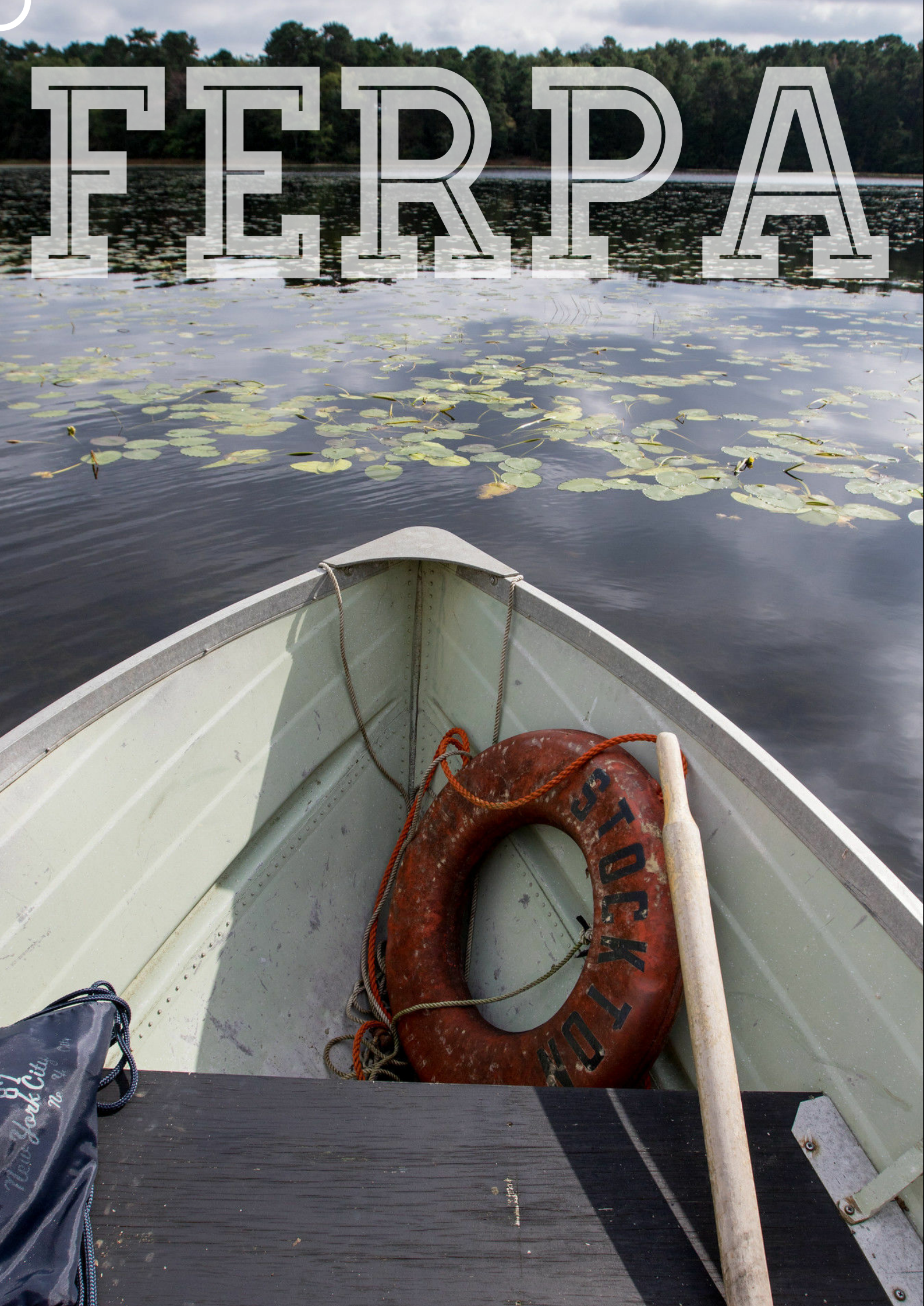


[Click Here to Follow Parent and Family Partnerships on Facebook](#)



[Click Here to Follow Parent and Family Partnerships on Instagram](#)

FERPA



The Family Educational Rights & Privacy Act

What is FERPA? The Family Educational Rights & Privacy Act (also called the Buckley Amendment) is a Federal law that protects the privacy of student educational records.

In compliance with federal regulations, Stockton University has adopted institutional policies and procedures regarding the disclosure of information from educational records for current and former students.

FERPA designates certain information related to students as “directory information” and gives Stockton the rights to disclose such information to anyone without obtaining permission from the student. In accordance with FERPA regulations, Stockton defines directory information as:

- Student name
- Campus telephone number
- Program of Study
- Grade level classification (freshman, sophomore, junior, senior, graduate)
- Enrollment status (full time or part time)
- Dates of attendance
- Degrees awarded
- Honors
- Certifications
- Participation in officially recognized activities and sports
- Weight and height of members of athletic teams
- The most recent educational agency or institution previously attended by the student.

Grades and other personally identifiable information cannot be released to parents, guardians or other interested parties without specific written permission from the student. Stockton does not fax student educational records, including transcripts. In addition, transcripts received from other schools are the property of Stockton and are not copied or released. for any reason.

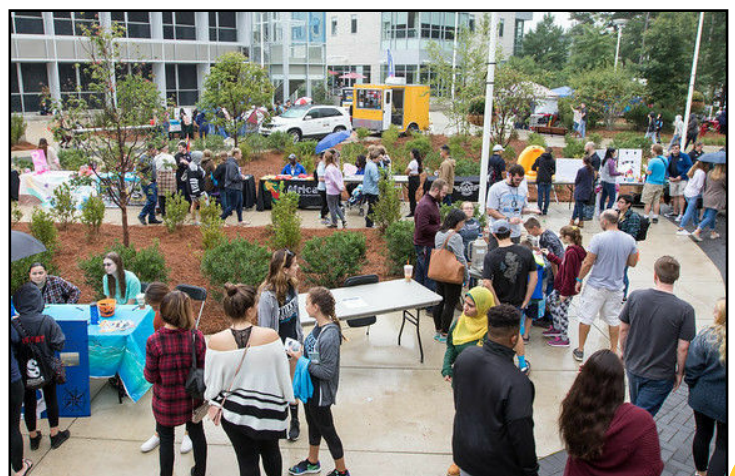
FERPA AND PARENTS

When a student reaches the age of 18 or begins attending a postsecondary institution, regardless of age, FERPA rights transfer from the parent to the student. Parents must obtain a signed consent form from their child to receive non-directory information. The Office of the Registrar keeps that consent on file.

Parents may access student records if the student is claimed as a dependent on their most recent Federal income tax form and they submit this legal proof of dependency (IRS Code of 1954, Section 152) and a completed Release of Academic & Financial Records to Parent and/or Other Third Party form.

Many offices on campus require their own FERPA waivers. Your student must connect with the office of interest to complete a waiver and grant a family member access to personal information.

Find more information on FERPA by clicking [here](#).





Expectations that th
its students are acce
various documents,
While they are length
vital to our stu

Academ
Student
Academi

Essential Learning Outcomes	Description
Adapting to Change	The ability to successfully engage and navigate new or unfamiliar situations.
Communication Skills	The ability to create and share ideas and knowledge effectively.
Creativity and Innovation	The ability to generate ideas, take risks, and recognize opportunities.
Critical Thinking	The ability to formulate an effective, balanced perspective on complex issues.
Ethical Reasoning	The ability to consider alternative viewpoints and their potential consequences.
Global Awareness	The ability to appreciate diversity and cultural interconnectedness.
Information Literacy and Research Skills	The ability to locate, evaluate, analyze, and use information to solve problems.
Program Competence	The ability to use and to integrate concepts, theories, and principles.
Quantitative Reasoning	The ability to understand and to work confidently with numbers and data.
Teamwork and Collaboration	The ability to join with others to achieve a common goal.

Academic Life at Stockton University

The University holds of
ossible online through
including the 3 below.
ny documents, they are
udent's success:

ic Bulletin
Handbook
ic Honesty



of Abilities

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tunities in problem-solving, relationships, or self-expression

an issue or topic.

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nciples in one's major field of study in a masterful way.

ers and mathematical concepts

Stockton University's 10 Essential Learning Outcomes (ELOs) combine Stockton's flexible liberal arts education with real-world, practical skills. They guide all Stockton University students from first-year through graduation to the intellectual and marketable talents needed to prepare for personal and professional success in the 21st century. As a set of values shared by everyone in the campus community, students encounter opportunities to develop ELOs in all Stockton majors, career preparation, professional experiences both on and off-campus, and academic as well as social activities.

Parents, You're Not Done Yet. How to talk to your kids about drinking in college.

Content created by responsibility.org

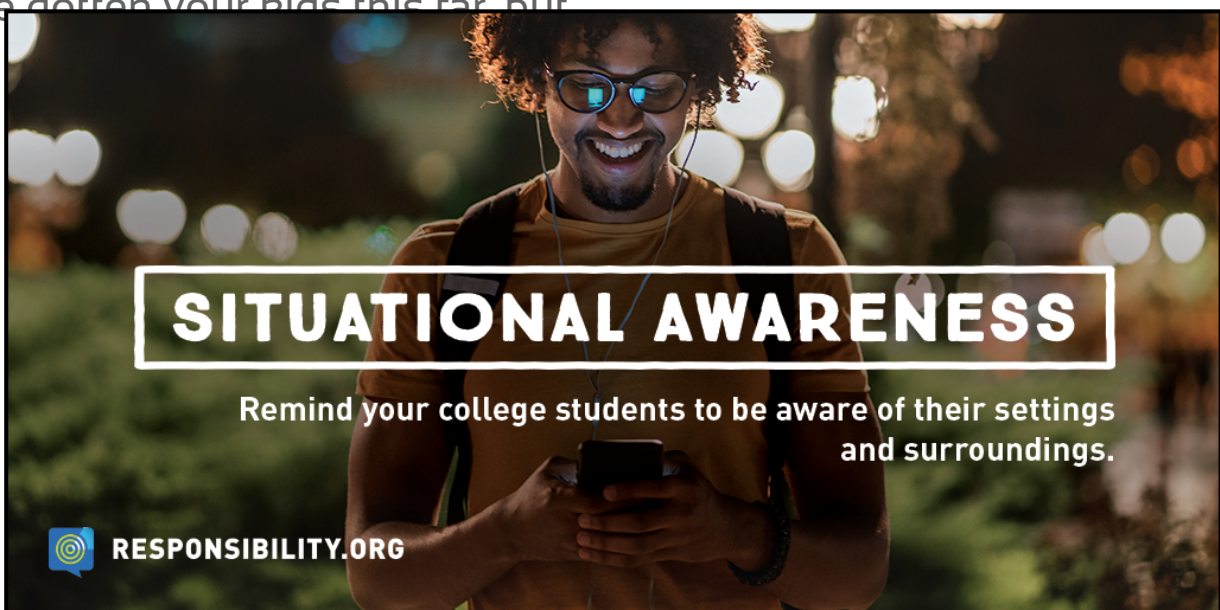


"According to the National Institute on Alcohol Abuse and Alcoholism, the first six weeks of a student's first year in college are a vulnerable time for harmful and underage college drinking and alcohol-related consequences because of student expectations and social pressures at the start of the academic year. College drinking not only impacts the drinking student, but also those around them even if they choose not to drink.

You've gotten your kids this far, but

PARENTS, YOU'RE NOT DONE YET.

Talking to your college bound students about alcohol, underage drinking, and binge drinking is critical, and ongoing communication is key. When talking about choices regarding alcohol, engage in these discussions about the choices students have and actions they should consider in order to stay safe."





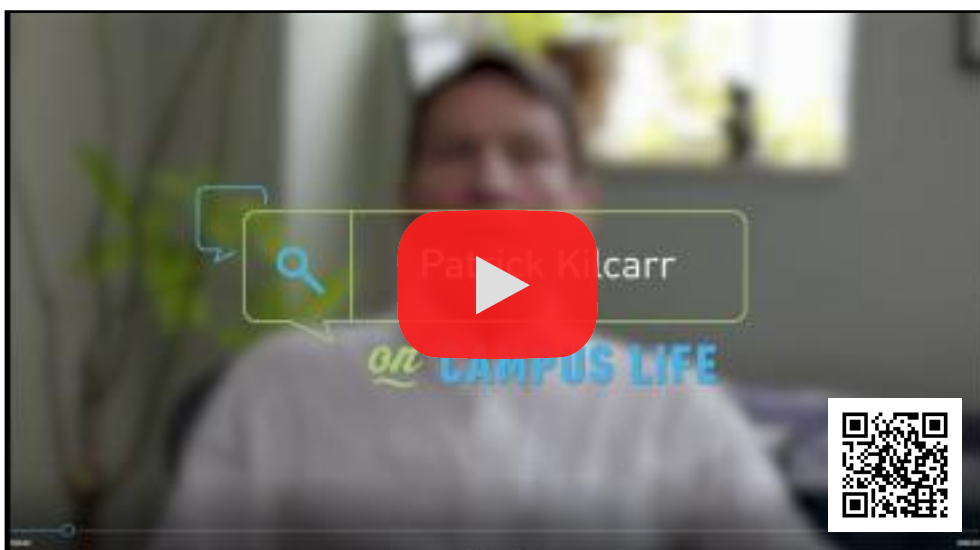
"Before sending your high school graduate off to college, discuss your family beliefs, attitudes, and expectations when it comes to alcohol. Discuss various reasons why to refuse a drink and how to say NO. These may include:

- It's illegal to drink underage.
- Substance use disorders (like alcoholism) run in your family.
- It is not in line with your family's belief system or religion.
- You don't want to get in trouble with teachers, coaches, or residential assistants.

Realize that your college-bound student will most likely be in a social situation where drinking is happening, and some of the people they are with could be of legal drinking age. Discuss how they should decide whether or not to refuse a drink, and talk about the various reasons to avoid alcohol and how and when to say "no."

Remind them that the decisions they make after drinking are still their decisions, and that they are responsible for them. These decisions have to be aligned with your student's values as well!

Remind them that the legal drinking age is 21 and engaging in underage drinking is against the law."



GET INVA



OSPREYHUB
stockton.edu/ospreyhub

INVOLVED

A photograph of a modern university building at night. The building features large windows and a covered walkway with a wooden roof. The interior lights are visible through the windows, and the sky is dark blue.

Whether your student is a commuter or residential student, joining a new campus community can be overwhelming. Encourage your student to build connections and make the most of their experience by taking advantage of clubs, organizations, athletics, community service, on campus jobs, and intramural sports.

Students can browse through a list of Stockton's current clubs and organizations by visiting [OspreyHub!](#)

INVOLVEMENT BEGINS

HERE

OSPREYHUB

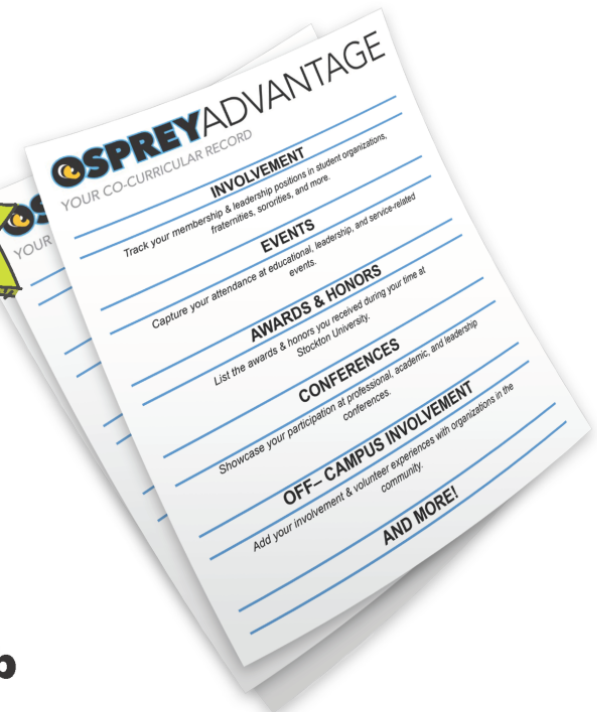
stockton.edu/ospreyhub



Discover the Many Ways to Get Involved

Keep Track

of your Involvement & Experiences



GET INVOLVED
OFFICE OF STUDENT DEVELOPMENT

STOCKTON | STUDENT
UNIVERSITY | AFFAIRS

stockton.edu/ospreyhub

STOCKTON IS AN EQUAL OPPORTUNITY INSTITUTION

GET INVOLVED

Fraternity & Sorority Life

**Academic Achievement · Civic Responsibility · Leadership Development ·
Personal Growth · Lifelong Friendships**

Joining a fraternity or sorority can be a great way to get involved, find a support system, and gain leadership opportunities while in college. At Stockton, fraternities and sororities are overseen by the Office of Student Development, who provides students with training and the resources necessary to be successful.

On average, members of the Stockton fraternity and sorority community earn an average 3.29 GPA and graduate in four years at a much higher rate than non-affiliated Stockton students. Members at Stockton have completed over 100,000 hours of community service and raised over \$300,000 for various charitable organizations in the past five years.

Requirements for joining include: completion of 12 credits, full-time status, a minimum 2.50 GPA.

Recognized Men's Organizations

ΑΧΡ	Alpha Chi Rho
ΑΕΠΙ	Alpha Epsilon Pi
ΑΦΑ	Alpha Phi Alpha Fraternity, Inc.
ΑΦΔ	Alpha Phi Delta
ΙΦΘ	Iota Phi Theta Fraternity, Inc.
ΚΑΨ	Kappa Alpha Psi Fraternity, Inc.
ΚΣ	Kappa Sigma
ΛΣΥ	Lambda Sigma Upsilon Latino Fraternity, Inc.
ΛΘΦ	Lambda Theta Phi Latin Fraternity, Inc.
ΩΨΦ	Omega Psi Phi Fraternity, Inc.
ΦΔΘ	Phi Delta theta
ΣΑΕ	Sigma Alpha Epsilon (fall 2020)
ΣΒΡ	Sigma Beta Rho Fraternity, Inc.
ΣΠ	Sigma Pi

Recognized Women's Organizations

ΑΚΑ	Alpha Kappa Alpha Sorority, Inc.
ΧΥΣ	Chi Upsilon Sigma Latin Sorority, Inc.
ΔΔΔ	Delta Delta Delta
ΔΦΕ	Delta Phi Epsilon
ΔΣΘ	Delta Sigma Theta Sorority, Inc.
ΔΖ	Delta Zeta
ΛΘΑ	Lambda Theta Alpha Latin Sorority, Inc.
ΜΣΥ	Mu Sigma Upsilon Sorority, Inc.
ΣΔΤ	Sigma Delta Tau
ΣΓΡ	Sigma Gamma Rho Sorority, Inc.
ΣΣΣ	Sigma Sigma Sigma
ΖΦΒ	Zeta Phi Beta Sorority, Inc.
ΖΤΑ	Zeta Tau Alpha

Statement on Unrecognized Organizations

We strongly discourage student participation in unrecognized groups, as the University does not provide any form of support, oversight and advisement for their members. Also, since these groups lack national affiliation as well (they are using the organization's name without permission), they may not have liability insurance, or oversight policies for risk management, hazing or sexual harassment. Therefore if one of these groups would experience a civil lawsuit, a member of that group might be held directly liable by a complainant, exposing himself/herself and their family members to unneeded risk. Furthermore, many times national organizations of these unrecognized groups choose not to acknowledge the University's concerns or to take action against these groups. Students who choose to become members of these unrecognized groups may not obtain all of the benefits available to those who join a recognized fraternity or sorority.

Groups that have lost their recognition include:

Alpha Gamma Delta	ΑΓΔ
Lambda Tau Omega Sorority, Inc.	ΛΤΩ
Pi Kappa Phi	ΠΚΦ
Tau Delta Phi	ΤΔΦ
Zeta Beta Tau	ΖΒΤ

Up-to-date information can be found at stockton.edu/Greeks

PTFA



Now that you are a member of the Stockton family, get involved with the Parent and Family Association: a free organization that serves parents, families, and the Stockton community. Watch your email for opportunities to participate!



The purpose of the Parent and Family Association is:

1. Encourage and support parents and family members of Stockton students by providing a venue for interaction and sharing of common experiences.
2. Facilitate communication between parents, students, and the university through a support group like atmosphere.
3. Assist in the transition of students and parents to Stockton.
4. Promote and sponsor programs and provide volunteer services that meet the needs of families and involve parents in the campus community.



Fundraisers

Events

Support

A Focus on Wellness

As we approach the Fall semester, we want to acknowledge the major transition that lies ahead of our new students. This stress can manifest in many different ways, and you as a family member can be influential in validating their feelings and helping them remember their resources. Whether your student is a freshman or transfer student, here is some helpful information to keep in mind if you notice signs of physical or emotional distress:

Learning Access Program

Any student registered at Stockton University with a diagnosed physical, learning, or psychological disability can use the Learning Access Program. When a student self-discloses their disability to the Learning Access Program (LAP), they should submit documentation that identifies the student's diagnosed disability, functional limitations, and suggested accommodations. The documentation will be reviewed on a case by case basis during a personal intake interview with one of our coordinators. Accommodations are designed to provide equal access for academic success while maintaining the academic standards of the program.

Counseling

In addition to providing free, short-term, confidential counseling to Stockton students, the Counseling Center also offers Group Counseling, and partners with other campus resources to provide opportunities for mindfulness.

Health Services

Health Services is an acute care clinic open to currently enrolled students with no fees or insurance required for the services rendered. Through a partnership with AtlantiCare Physicians Group, Health Services is staffed by one physician, one nurse practitioner, two registered nurses, and a nutritionist.

Women's, Gender, and Sexuality Center

The Women's, Gender & Sexuality Center empowers students who identify as women and all genders who identify as LGBTQIA+, victims of power-based personal violence, and community allies. WGSC will accomplish this by promoting equality and justice, ensuring access to opportunities, and providing services through education and advocacy.

Peer Education

Peer Education provides a holistic comprehensive approach to educating about all health topics. In addition to promoting Wellness Center services and providing specific health related information, workshops are provided on the topics of communication skills, healthy relationships, setting goals, and managing stress. A variety of free fitness classes, meditation instruction, and numerous health related events are also offered. The Peer Education program provides a general studies class for credit where students can learn how to relay accurate information to their peers, become certified as a peer educator, and possibly be hired to work on our team.

Chartwells Campus D

commuter

MEAL PLANS

OSPREY ON-THE-GO 50

50 meals per semester and \$110 Dining Dollars

OSPREY ON-THE-GO 25

25 meals per semester and \$110 Dining Dollars

OSPREY SAMPLER

8 meals per semester and \$45 Dining Dollars

resident

MEAL

Weekly Meal

*Freshman living in Housing 2 or 3 must select o

\$470

Per Semester

ULTIMATE 19

19 weekly meals, \$100 Dining Dollars and 5 Guest swip

\$295

Per Semester

FAB 14

14 weekly meals, \$100 Dining Dollars and 3 Guest swip

\$100

Per Semester

Dining Dollar Plans

360 DINING DOLLARS

\$300 Dining Dollars + \$60 Bonus Dollars

240 DINING DOLLARS

\$200 Dining Dollars + \$40 Bonus Dollars

180 DINING DOLLARS

\$150 Dining Dollars + \$30 Bonus Dollars

115 DINING DOLLARS

\$100 Dining Dollars + \$15 Bonus Dollars

Block Mem

180 BLOCK

180 meals per semester and \$100 Dining Dollars

150 BLOCK

150 meals per semester and \$100 Dining Dollars

95 BLOCK

95 meals per semester and \$100 Dining Dollars

25 BLOCK

25 meals per semester and \$100 Dining Dollars

\$300

Per Semester

\$200

Per Semester

\$150

Per Semester

\$100

Per Semester

GAUPP 50 BLOCK

50 meals per semester and \$100 Dining Dollars

AC RESIDENT 50 BLOCK

50 meals per semester and \$100 Dining Dollars

*Dining Dollars: Money that can be used as a declining balance account at any retail or residential dining location on campus. Additional dining dollars can be added throughout the semester on Dine on Campus.

Dining Meal Plan Rates

PLANS Memberships

one of these meal plans for Fall semester*

\$2,130

Per Semester

\$1,980

Per Semester

Memberships

\$1,930

Per Semester

\$1,638

Per Semester

\$1,110

Per Semester

\$1,400

Per Semester

\$1,024

Per Semester

\$1,024

Per Semester

DINE ON Campus

The **Dine On Campus app** features include live menus, hours of operation, special offers, dining events, management contact info and feedback forms! Menus include nutrition information and a filtering feature, allowing users to find items that are vegan, vegetarian or balanced foods.

Follow
us!



www.facebook.com/StocktonDining

[@StocktonDining](https://www.instagram.com/StocktonDining)

Frequently Asked Questions?

Where can I use my meal plan?

Meals can be used at any dining location on the Galloway or Atlantic City campus. We offer 15 retail dining locations including national brands:



How much is a "meal" worth?

Each Meal is equivalent to \$7.59, all dining venues have meal equivalencies specials set up to best utilize each meal swipe.

Stockton University Office of Career
Education and Development

CAREER

Your student just left for (or returned to) college but doesn't seem to have a clue as to what they want to major in, let alone choose as a career. Don't worry, this is not unusual, although you might wish your student had a little more sense of direction.

Career Planning Considerations for Family Members of Stockton Students

First-Year

Q: Is it too soon for my student to come to career services?

A: It is never too soon for students to begin conversations with their career advisor. We want them to visit early and often. The career development process can unfold in confusing layers that oftentimes require help to think through your student's ideas, plans, and goals. Career advisors help them with transforming those ideas into manageable and meaningful action plans.

Q: What can I do to help my student's career development?

A: Ask specific and thoughtful questions about their interests. Instead of asking, "What do you want to do?" or, "What do you plan to do with a degree in that?" ask, "What excites you?" and "What are you curious about?" Try to help them articulate and identify the problems they want to solve in the world. Encourage them to have a career chat with their career advisor. Their career advisor will help identify resources, tools, and techniques that can guide their career decision-making process.

Sophomore

Q: How important is it for my student to participate in an internship experience?

A: It is vital for your student to engage in experiential opportunities, learning outside the classroom. These opportunities whether internships, volunteering, service-learning, undergraduate research, and/or study abroad experiences, your student may become more competitive in the labor and graduate/professional school markets. These experiences also provide valuable personal and professional development that contribute to lifelong learning.

Q: What can I help you help my student who is looking for an internship?

A: Encourage your student to work with their career advisor through their career community to create a targeted strategy on how to approach the search and identify possible opportunities. Encourage them to explore companies and organizations on Handshake that interests them. They should research the organization's mission, vision, values, and strategic plans. This way your student can become more acquainted with the organization.

Career Planning with your Student

Junior

Q: How can I help my student when they feel anxious or confused about what they want to do after college?

A: First, be patient. Ask specific and thoughtful questions about how they are feeling. Instead of asking, "What do you want to do?" ask, "What excites you?" and "What are you curious about?" Try to help them articulate and identify the problems they want to solve in the world. Encourage them to have a career check-in conversation with their career advisor. The career advisor will help identify resources that can help alleviate some of those pressures.



Q: What is Handshake? How is it different than LinkedIn?

A: Handshake is the career management platform Stockton uses to help students connect with employers recruiting Stockton students. While both may function as a career development type of platform, Handshake is curated and managed specifically for Stockton students and new alumni. We use both as resources to connect to opportunities and those professionals in particular fields of interests.

Q: What is undergraduate research? And how can it help my student with their career goals?

A: Studies show that students who participate in research as an undergraduate, either during the academic year (Independent Study, Senior Project) or summer, show significant gains in the following areas:

- critical thinking skills
- intellectual engagement
- communications skills
- ability to manage projects
- skills as researchers
- overall academic ability

The American Association of Colleges and Universities (AAC&U) conducts work to demonstrate the power of experiences like undergraduate research. For example...

- Skills obtained during URSCA opportunities are the same ones employers prioritize
- Undergraduate research is one of the most effective high-impact practices

Senior

Q: How should my student prepare for this transition?

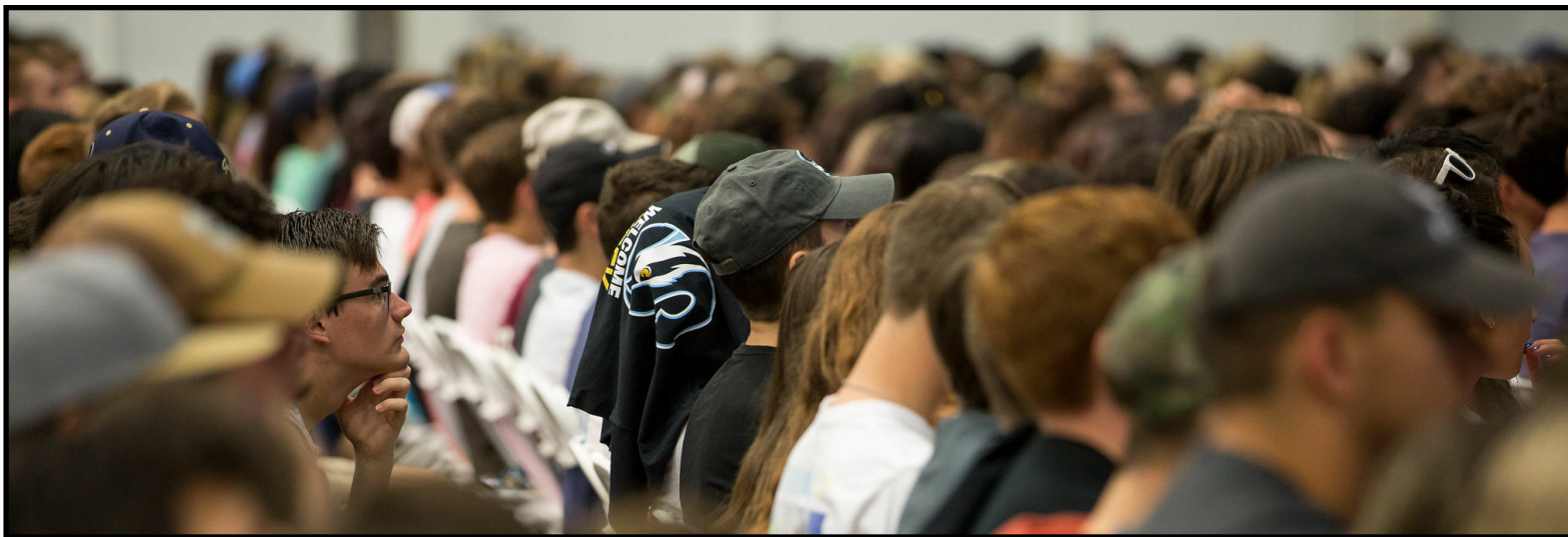
A: Congratulations! Here is where all of the preparation comes together. Ideally, they would have been in regular conversations with their career advisor throughout their time here at Stockton. Engaging in small career chats, exploratory check-ins, document preparation, interest assessments, and everything in between; those on-going conversations will prepare a confident Osprey to launch successfully. Encourage career curiosities throughout their time at Stockton. We need you to continually encourage your student to take advantage of all the resources available. Stockton has a cadre of faculty and staff highly trained and eager to help.

Q: What can I do to help?

A: Stay connected to Parent & Family Partnership. Encourage your student to check-in frequently with their career advisor in Career Education & Development.

Stockton University Career Education and
Development

www.stockton.edu/career 609-652-4650



Congratulations to the families of our first generation students!

What is a first-generation college student?

First-generation students are those whose parents or guardians have not obtained a four-year college degree.

First Ospreys is a retention initiative that supports and celebrates first-generation students to ensure successful completion of their undergraduate studies. We aim to connect students to existing programs and resources and promote a sense of belonging within the Stockton community. We are committed to raising awareness about the experience, knowledge, and value that first-generation students bring to campus.



Virtual

PARKING PERMITS

(CLICK HERE)

No More Hangtags!

Stockton Properties that your student may become familiar with:



Stockton University in Hammonton at Kramer Hall

- Located in historic Downtown Hammonton and within walking distance of many eateries and shops
- We offer a variety of undergraduate courses
- We are home to 2 Stockton Graduate Programs:
Master of Arts in Counseling and Master of Science in Data Science & Strategic Analytics
- Computer lab with color printing
- Comfortable study space, space for meeting, and student lounge areas

stockton.edu/hammonton

Stockton University at Manahawkin Your University at the Shore



Whether you live locally or are a Stockton residential student, Stockton University at Manahawkin is a convenient location to further your academic career.

We provide students with comprehensive academic course offerings, as well as opportunities to participate in co-curricular programs and community-based service projects.

Located conveniently for students living in Ocean, Monmouth, and Burlington Counties.

Comfortable study space, student lounge areas and meeting space

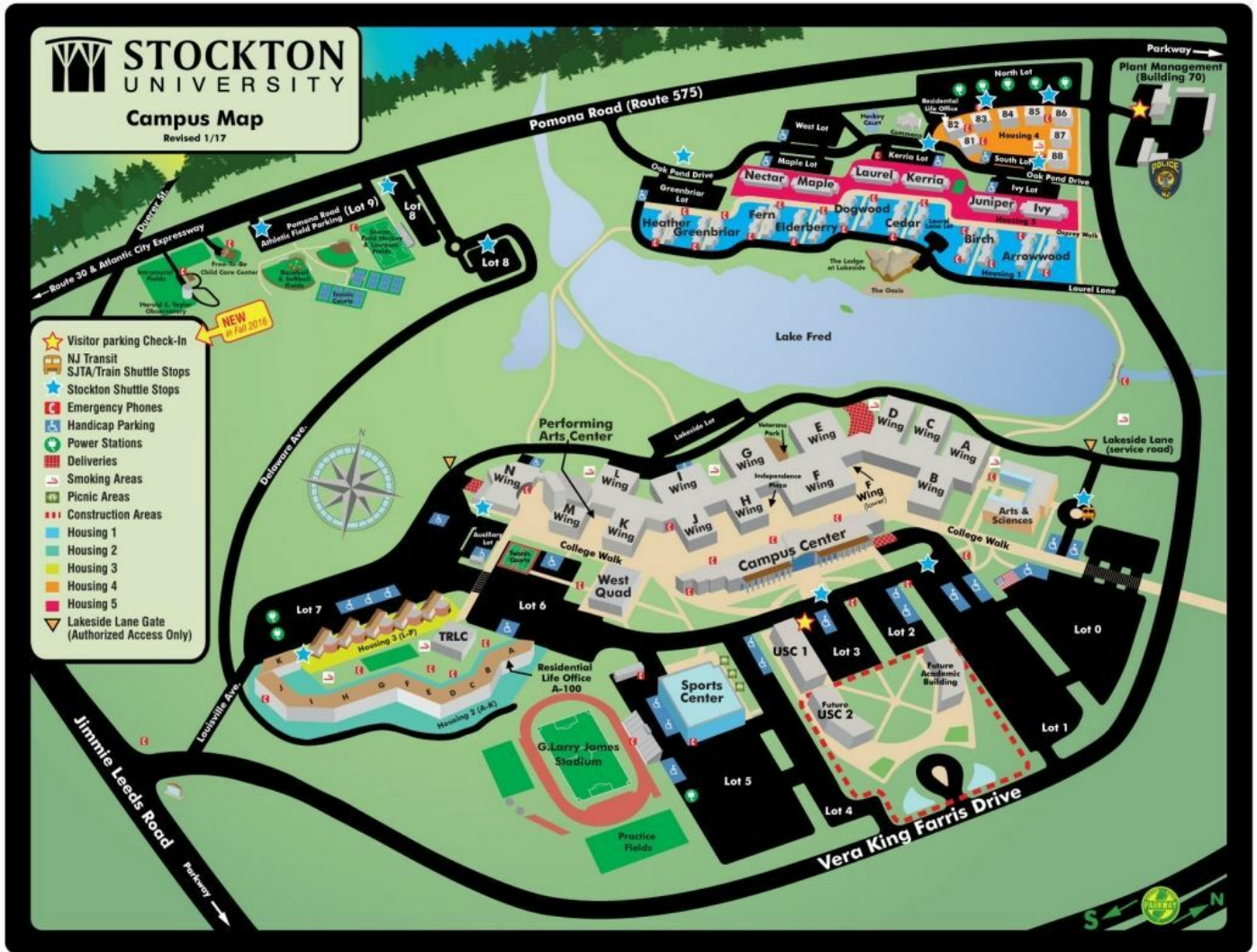
State of the art class classrooms and technology

We offer a variety of undergraduate and graduate nursing courses

Home to Stockton's Accelerated Nursing Program

stockton.edu/manahawkin

Galloway Campus Map



Atlantic City Campus Map

