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Stockton Center on Successful Aging Presents Workshops: *Senior Home Safety and Fall Prevention: Make Your Home "Aging Ready"*

Free Information Workshops for Older Adults

For Immediate Release

Monday, January 23, 2012

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Galloway Twp. NJ - The Stockton Center on Successful Aging (SCOSA) is offering five free information sessions on home safety and fall prevention for older adults. The scheduled sessions are as follows:

- February 8, 2012 at 10:30 am at the Margate Community Pavilion, 101 S. Huntington Ave. Margate City, NJ
- February 14, 2012 at 10:30 am at the Hammonton Senior Center, 310 Bellevue Ave., Hammonton, NJ
- March 7, 2012 at 10:30 am at the Brigantine Senior Center - 31st and Bayshore Drive, Brigantine, NJ
- March 20, 2012 at 11:00 am at the Grandparents as Parents Meeting in the New York Avenue School, 411 North New York Ave., Atlantic City

(more)

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- March 28, 2012 at 10:00 am at the Buena Senior Center, 600 Central Avenue, Buena, NJ

Presented by Doug Schindler, MS, CAPS, a Certified Aging-In-Place Specialist (CAPS), the session will provide information on how seniors can safely stay in their homes as they age. He will discuss common accidents in the home and their financial costs, while also focusing on low cost or no cost solutions to help keep seniors safe and accident free, especially in the area of fall prevention.

Schindler is EPA Certified in Lead-Based Renovation, Repair and Painting and has a Master of Science degree from NJIT. He is the developer and owner of Independent Home Living, an organization devoted to modifying existing homes to make them safe and accessible for individuals with disabilities. He follows the ADA requirements to ensure safe and effective home modifications for individuals with disabilities.

This program was developed to inform individuals, caregivers and healthcare providers of accommodation needs of people over the age of 50, giving them the knowledge they need to modify their homes to support “aging in place”.

Visit the SCOSA website for updates – www.stockton.edu/scosa.

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