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# SCOSA

## Stockton Center on Successful Aging

**E-News****May 2020****Vol 9 #5****SCOSA Older Adult Education, Socialization & Recreation Programs for May 2020****[ASA Webinar: Preparing for Loss: Death, Dying, And Grieving](#)**5/6/2020, 1pm-2pm. Delivered Online via Zoom. To Register [Click Here](#)**[SoulCollage Workshop- The Companion Suit](#)**5/8/2020, 1:30pm - 3:30pm. Delivered Online via Zoom. To Register [Click Here](#)**[Diaries in Times of Crisis: Time to Tell Memoir Writing](#)**5/14 & 5/28/2020, 11am-12:30pm. Delivered Online via Zoom. To Register [Click Here](#)**[Spirituality and Resiliency: Strength for the Journey](#)**5/18/2020, 1pm-2pm. Delivered Online via Zoom. To Register [Click Here](#)**[SCOSA 4th Fridays at Manahawkin: The Upside of Downsizing](#)**5/22/2020, 11am-12pm. Delivered Online via Zoom. To Register [Click Here](#)**[SoulCollage Workshop- The Council Suit](#)**5/22/2020, 1:30pm - 3:30pm. Delivered Online via Zoom. To Register [Click Here](#)**SCOSA NEWS*****SCOSA Commemorates National Healthcare Decisions Day***

On April 22<sup>nd</sup>, Ann Jungels, MSW, LSW shared “Death We Hardly Knew Ye, Let’s Learn to Talk About It,” an open discussion on talking about death, based on [The Conversation Project](#). Community members and Stockton students alike joined the 60 minute Zoom discussion to start the conversation about Advance Care Planning with their loved ones. An article on CNBC.com (4/27/2020) notes that doctors are urging Americans to get Living Wills and other legal documents in the face of COVID-19, and several excellent resources are provided. [CLICK HERE](#) to see article and resources.

***Professor Lisa Cox Discusses Managing Loneliness in NY Times Article***

SCOSA’s long-time leader Lisa Cox, PhD, LCSW contributed to and was quoted in the New York Times article [How to Manage Your Loneliness](#). “There can be a greater risk of depression among those who have no social contact or social support, said Lisa Cox, a licensed clinical social worker and

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individuals exercise self-care, they can fare well. This includes participating in online support groups, yoga and stretching, keeping a gratitude journal, practicing mindfulness and immersing yourself in creative endeavors like drawing and listening to music.” You can read the full article [HERE](#).

### ***SCOSA TES Anne Markel-Crozier Welcomes First Grandchild***



#### **GERO COORDINATOR’S COLUMN:**

#### **Memory Decline? Cognitive Changes? You Are NOT Forgotten Amid COVID-19**

by Christine Gayda-Chelder, Ph.D., assistant professor of psychology, and SCOSA service chair

“I thought I could make it go away with my love.” In my clinical work I have heard statements like this made by loved ones caring for someone with dementia. The disease of dementia is an “umbrella term” for many disorders that rob an individual of their precious thinking skills and unique personality.

Coping with cognitive changes related to dementia can be one’s greatest life challenge, for both the person with the diagnosis and those around them. Caregivers so very often *resist* help. They lovingly want to do it all on their own, determined to do what is best for their family member. It is only when a “crisis” occurs that I see loved ones realize that assistance is needed. That crisis is often an incident of wandering, a fall, or an error in taking medication.

This pandemic only exacerbates the challenges of caregiving for a loved one with dementia. This is a crisis and help is available.

While support groups are unable to meet in person, there are online options. The [Alzheimer’s Foundation of America](#) has many tips and strategies for helping someone with dementia and their caregivers amid the pandemic. There are “Virtual Therapeutic Programs” available online. You may speak with a licensed social worker on their website or by calling 1-866-232-8484.

The [Alzheimer’s Association](#) has a variety of assistance related to COVID-19 on their website. There is a 24/7 helpline that may be reached by calling 1-800-272-3900.

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[COVID-19 and Couples Confinement](#) – article provided by the Deer Oaks EAP

[COVID-19 and Helping Seniors](#) – article provided by the Deer Oaks EAP.

## **SCOSA'S SPRING INTERN COLUMN: CAREERS IN AGING WEEK PANEL**

By Nick Dunham, SCOSA's spring 2020 Intern

On April 23<sup>rd</sup>, Stockton's Careers in Aging Panel was presented on Zoom, and connections between students and gerontology professionals were made and fostered. Hosted by Dr. Christine Gayda-Chelder, the panel encouraged conversation about new possible careers and internship opportunities for gerontology students.

"We are living through maybe the most historic time period in the last 100 years right now", noted an attendee of [Diaries in Times of Crisis](#). The ongoing writing group, hosted by Gina Maguire, is compiling stories, poetry, and other forms of creative writing during the COVID-19 pandemic. If anyone is interested in participating, I encourage you to [register](#) for the next Zoom session.

Finally, Gerontology club member Lauryn Flynn and I are collaborating on creating an Instagram page to promote Stockton's Gerontology Program and SCOSA for students.

## **EVENTS AND NEWS IN AGING IN SOUTH JERSEY AND BEYOND**

### **Educational/Training Programs on Aging for Professions, Students**

#### ***Virginia Commonwealth University Hosts Mini-Lessons on YouTube***

We have so much to learn about holistic living from the field of Gerontology. And the VCU Gerontology program wants to share this knowledge with you. They are creating blogs, vlogs and micro learning lessons on topics like everyday ethics, trauma-informed care, person-centeredness, connectivity, ageism and much more to share with you. [Click Here](#) for more information.

#### ***Ageism First Aid Training***

Last spring, students in several Stockton courses helped to pilot-test Ageism First Aid, an online program designed to reduce ageism in those who work with older adults. Read more in [THIS](#) Forbes article. During the unprecedented events surrounding the COVID-19 pandemic, there is a greater need to spark widespread use of positive aging-related language. To that end, The Gerontological Society of America (GSA) is offering **free access to Ageism First Aid**, an online multi-module course designed to help change the common negative misconceptions and myths about aging by replacing them with facts that should be common knowledge. This tool will be accessible at no cost April 1 through July 1, 2020, [CLICK HERE](#).

#### **For Nursing Home/Long-Term Care Stakeholder Colleague**

MAY 1st AT 3:00 PM ET FOR "SUPPORTING NURSING HOMES IN THE COVID-19 CRISIS"

On Friday, May 1st from 3:00 – 4:00 pm ET, The John A. Hartford Foundation will be hosting a national [webinar](#) to discuss a new initiative to address the urgent issues facing nursing homes during the COVID-19 crisis. They are inviting all nursing home stakeholder organizations to participate and ask that stakeholder organizations share information about this webinar with their members and invite them to participate. They also seek leaders on the front lines, such as nursing home administrators, medical directors, directors of nursing, and others to join Friday's webinar and in the ongoing initiative. [REGISTER HERE](#) FOR THE WEBINAR

[The John A. Hartford Foundation](#) and their partners recognize that nursing home leadership, staff, residents and their families have been disproportionately impacted by the COVID-19 pandemic. The challenges you have experienced are many, including high resident mortality rates, questions about best practices with COVID-19, lack of access to personal protective equipment (PPE), lack of testing, staff illness and attrition.

The webinar will feature: Terry Fulmer, PhD, RN, FAAN, President, The John A. Hartford Foundation, Shari Ling, MD, Acting CMS Chief Medical Officer, Centers for Medicare and Medicaid Services (Invited), Kedar Mate, MD, Chief Innovation Officer, Institute for Healthcare Improvement and Alice Bonner, PhD, RN, Senior Advisor, Institute for Healthcare Improvement and Adjunct Faculty, Johns Hopkins School of Nursing





**PRESENT**

## A VIRTUAL CEU SERIES.

**Wednesday | May 6th | 1:00-2:00 PM**

Survival Strategies When Caring for Older Adults

**Wednesday | May 13th | 1:00-2:00 PM**

A Holistic Approach to Dementia Care

**Wednesday | May 20th | 1:00-2:00 PM**

Financial Exploitation and the Elderly

**REGISTER TODAY AT:**

**[BRATTONLAWGROUP.COM/CEU-SERIES](https://brattonlawgroup.com/ceu-series)**

*1 CEU per session for*

*Social Workers, Case Managers, CALA, LNHA*



By notable attorney, Charles C. Bratton, II and  
Anne Markel-Crozier BSW, CSW  
Director of Elder Care Coordination



**SCAM ALERT: Police department warns public to not click links in scam COVID-19 text messages**

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Someone who came in contact with you tested positive or has shown symptoms for COVID-19 & recommends you self-isolate/get tested. More at [COVID-19anon.com/alert](https://COVID-19anon.com/alert)

If you receive a text message like the one pictured above, DO NOT click the link! It is not a message from any official agency. It is a gateway for bad actors to find their way into your world. Additional resources for avoiding scams are provided on [SCOSA's Homepage](#).

**For our friends in Monmouth and Ocean counties...**

**For our friends in Atlantic county...**

**IF YOU NEED FOOD**

**JEWISH FAMILY SERVICE** is here to support individuals and families in Atlantic County who are struggling with food insecurities.

If you or someone you know is in need of assistance, please call (609) 822-1108 or visit [jfsatlantic.org](http://jfsatlantic.org) for more information.

**JFS FOOD PANTRY:**

Jewish Family Service  
607 N Jerome Ave, Margate

Monday - Friday  
10 am - 2 pm

**DRIVE-THROUGH SERVICE AVAILABLE.**

**HISPANIC ASSOCIATION OF ATLANTIC COUNTY**

**DISTRIBUCIÓN DE COMIDA**

**SABADO, 2 DE MAYO + 10AM**

**OUR LADY STAR OF THE SEA (PARQUEADERO)**  
**15 N. CALIFORNIA AVE ATLANTIC CITY, NJ 08401**

LA DESPENSA SE DISTRIBUIRÁ POR ORDEN DE LLEGADA A LAS PRIMERA 500 FAMILIAS, SOLO UNA CANASTA DE ALIMENTOS POR HOGAR. POR FAVOR PRESENTE IDENTIFICACIÓN O PRUEBA DE DIRECCIÓN (ID, PASAPORTE, MATRICULA, CUENTA DE UTILIDADES, BANCO, ETC.)

#JERSEYSTRONG

**REMEMBER: YOU ARE NOT ALONE.****Crisis Text Line:** Text "NJ" to 741741**Family Helpline:** 1-800-843-5437**Domestic Violence Hotline:** 1-800-572-7233**Mental Health Hotline:** 866-202-4357***Heartland Hospice is looking for Volunteers***

Volunteers offer support, companionship and practical, compassionate help. Some volunteers interact with patients and families, while others prefer to work behind the scenes in the office setting.

Volunteers can help enrich the lives of patients by: Helping family members get a much-needed break, reading, playing or singing soothing music to patients, sewing or making special projects.

Training is free and held monthly at various times so it's easy to sign-up. We will have you completely ready and comfortable in your role as a volunteer! For more information, call Heartland Hospice at (609) 641-4675 and ask for the Volunteer Care Coordinator.

***Earth Angels for Dementia***

Earth Angels for Dementia is on a mission of Caring for the Caregiver community. Healthcare Workers and First Responders work tirelessly caring for patients. Now, as the Coronavirus threatens our communities, these Healthcare Workers and First Responders, venture out into the world ready to serve! This is why Earth Angels for Dementia launched GRATITUDE to GO. Please see [Earth Angels for Dementia](#) website for information.

***Stafford Recreation's PHONE A FRIEND program***

With so many residents isolated, lonely and anxious, a friendly, reassuring voice is just what's needed to shared concerns or simply to socialize. For people looking to lend a hand during this crisis, but who may be limited by their own health issues, PHONE A FRIEND may be a viable alternative. Stafford will connect you with a person in need of social communication and ask that you stay in regular contact with that person.

If you are interested in volunteering for Stafford's *PHONE A FRIEND*, or know someone who could benefit from the program, please call Deb Budesca at 609-597-1000 x 8583.

***Cornell Crisis Advice Project***

Much like SCOSA's new memoir writing project, Diaries in Times of Crisis ([click here](#) for more information). Cornell has opened [this](#) website to collect and share the elders' advice and lessons about living through a crisis. People who have lived through periods like as the Great Depression, World War II, or the Jim Crow era, figured out ways to survive and even thrive. For all these elders, a crisis challenged them to become resourceful about finding resources and providing for loved ones.



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to interview older people and share what they learned. Some youth groups are adopting this idea as a project that can be conducted from home. Audio and video recordings can be uploaded. We hope it will be a valuable resource. Contact project coordinator, Leslie Schultz, [ls30@cornell.edu](mailto:ls30@cornell.edu), with any questions.

## Delaware Valley Chapter Webinars



No one should face dementia alone. Join us for our May series of virtual programming. All webinars are free and open to the public.

Register today to attend by phone or online.

For more information about Alzheimer's Association programs and services, contact the 24/7 Helpline: 800.272.3900.

### Wednesday, May 6, 2020 — Understanding Alzheimer's and Dementia

Attend to learn the basics of Alzheimer's and dementia. Explore what happens in a brain impacted by the disease and understand risk factors and three general disease stages. Learn about FDA-approved medications for treating symptoms, hear about the latest research and become familiar with Alzheimer's Association resources.

6:00-7:30 PM — [Register](#)

### Wednesday, May 13, 2020 — 10 Warning Signs of Alzheimer's

This program will help people recognize common signs of the disease. We'll explore typical age-related changes, explain the importance of early detection and the benefits of diagnosis, and identify helpful Alzheimer's Association resources.

6:00-7:30 PM — [Register](#)

### Saturday, May 16, 2020 — Dementia Conversations

When someone shows signs of dementia, it's time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. This program offers tips on how to have honest and caring conversations to address common issues. Topics include going to the doctor, deciding when to stop driving and making legal and financial plans.

4:00-5:30 PM — [Register](#)

### Tuesday, May 19, 2020 — Healthy Living for Your Brain and Body

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and tools to incorporate these recommendations into a plan for healthy aging.

6:30-8:00 PM — [Register](#)

### Wednesday, May 20, 2020 — Understanding and Responding to Dementia-Related Behavior

Behavior is a powerful form of communication and is one of the primary ways people living with dementia communicate their needs. However some behaviors can present challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common triggers and learn strategies to help manage some of the most common behavioral challenges of dementia.

2:00-3:30 PM — [Register](#)

### Wednesday, May 27, 2020 — Effective Communication Strategies

Attend to understand how persons with dementia communicate using attitude, tone, facial expression and body language. Learn to decode verbal and behavioral messages and connect in new ways.

11:00 AM-12:30 PM — [Register](#)

alzheimer's  association®

4.14.20

## Inviting Submissions for Events in Aging in South Jersey and Beyond

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anticipate e-mailing a few days before the beginning of each month. The E-News is also posted on SCOSA's [Web-Site](#) under the [Newsletters/Press Releases](#) tab. [Click here](#) to submit items that will be published on a space available basis. We reserve the right to reject items that are not consistent with SCOSA's mission or deemed inappropriate for our audience. Please direct any questions to Trish Collins, Community Engagement Liaison, at [patricia.collins@stockton.edu](mailto:patricia.collins@stockton.edu) or by telephone (609) 652-4456.

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## Occupying your Time and Mind during COVID-19

### ***Music to Our Ears***

According to the [Harvard Women's Health Watch](#), "Music therapy can calm anxiety, ease pain, and provide a pleasant diversion" read the full article [HERE](#). We thought sharing some music made during this pandemic would lighten our mood...

**Wonderful World International Sing-Along:** Out of the Blue Productions organized dozens of people who didn't know each other and who had never sang together before, for an international sing-along to help bring joy in these dark COVID-19 days. Listen [HERE](#).

**Andrea Bocelli** has been very generous with his amazing talent. He performed two live concerts: [Amazing Grace](#) and [Music For Hope - Live From Duomo di Milano](#)

American singer and songwriter [Paul Simon](#) has joined in as well.

Enjoy big band music? Listen to **The Marty Hoff Virtual Big Band's** version of [Fly Me to the Moon](#)

Even amateur musicians are sharing their music, including the **Maria Regina HS Choral Ensemble**, under the direction of Mrs. Maria Carozza-McCaffrey '99, would like to share with you their presentation of the hymn, '[You Are Mine](#)'.

College student Shelbie Rassler was the facilitator of the **Virtual Orchestra's** [What the World Needs Now](#).

After the cancellation of their concert, **Acapella Choir Performs 'Over the Rainbow'** in Virtual Concert. And, because it's one of my favorites, here is another version of "[Over the Rainbow](#)" by **Chino Valley USD Students**.

Over 1000 people from 18 countries submitted a video of their performance of '[Close To You](#)' (by The Carpenters) and formed the **Couch Choir**. And then, the Couch Choir welcomed over 6000 strangers from 45 countries joined in singing '[Heroes](#)' (by David Bowie). It's dedicated to all the frontline heroes who are keeping us safe!

The **Children's Voice Chorus** shared their rehearsal of '[Bridge Over Troubled Water](#)' One of London's foremost vocal groups, **Camden Voices** performed '[Here Comes the Sun](#).' Another **Virtual Chorus** shared their version of '[Stand By Me](#).'

### ***A Live Theatrical Experience on May 1<sup>st</sup>***



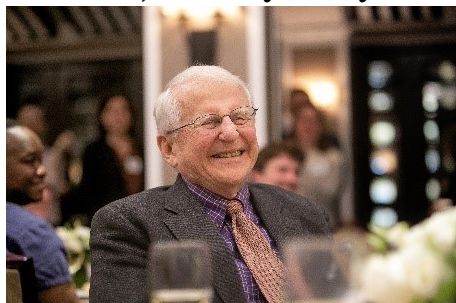
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### **‘I Like It, Actually’: Why So Many Older People Thrive in Lockdown**



Many older New Yorkers are “thriving during this catastrophe — skilled at being alone, not fearful about their career prospects, emotionally more experienced at managing the great disruption of everyday life that is affecting everyone.” Read this interesting perspective in the full NY Times article [HERE](#)

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Hellenic Studies  
ΛΑΜΠΔΙΑ ΕΧΟΝΤΕΣ ΔΙΑΔΩΣΘΕΙΝ ΑΛΛΗΛΟΙΣ

Stockton University Friends of Hellenic Studies is pleased to invite you to  
**STAY HOME!**  
**EXPLORING HELLENISM: ANDROS, SIFNOS, PAROS will come to you -  
ON-LINE and FREE!**

Email us to register. Celebrate Hellenic culture and history on your computer



Sifnos Ceramics



Chickpea Stew



Andros – Tourlitis automated Lighthouse

**DATES:** SUNDAY, May 3<sup>rd</sup>; SUNDAY, May 10<sup>th</sup> & SUNDAY, May 17<sup>th</sup> 2020  
**TIME:** 2pm to 2:45pm each week for three Sundays in a row  
**PLACE:** The Comfort of Your Home – *Get a glass of Greek wine (or ouzo) & a meze. Sit back and enjoy!*  
**SPEAKERS:** Catherine Karathanasis; Mariea Kazantzis; Manya Bean, Ph.D.

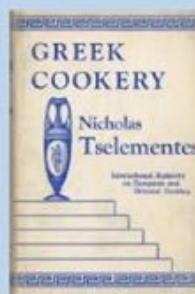
This virtual event is made possible through ZOOM and the support of Stockton University.

- You MUST reply by email to Tula at: [fhs@stockton.edu](mailto:fhs@stockton.edu)
- You will receive easy instructions on how to register for the event. Deadline 5/1/2020
- Your computer must have audio speakers.

**Support the Friends of Hellenic Studies Scholarship Fund with a gift by sending your check to:**  
**Stockton University Foundation** (In the memo line, please write *Friends of Hellenic Studies*)  
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Galloway, NJ 08205  
**Or go to: [www.stockton.edu/give](http://www.stockton.edu/give) and direct your gift to *Friends of Hellenic Studies***



Paros - Ekatopiliani



Tselementes of Sifnos transformed the gastronomy of Greece



# THE JERSEY SHORECAST

12<sup>th</sup> ANNUAL SPRING TOURIST AND BUSINESS PANEL DISCUSSION

WEDNESDAY, MAY 6, 2020 • 8:30 - 11 AM

LIVE WEBINAR EVENT

## MODERATOR



### MARK BLUM:

Publisher of The Press of Atlantic City  
and LIGHT Advisory Board Chair

## PANELISTS



### DONNA ALBANO:

Associate Professor of Hospitality  
and Tourism Management Studies,  
Stockton University



### LORI PEPENELLA:

Chief Executive Officer at Southern  
Ocean County Chamber of Commerce



### MICHAEL BUSLER:

Professor of Business Studies-Finance,  
Stockton University



### LARRY SIEG:

Director- Communications and  
Marketing, Casino Reinvestment  
Development Authority



### MICHAEL CHAIT:

Vice President, Greater Atlantic City  
Chamber of Commerce



### JIM ZIEREIS:

Vice President Hotel Sales,  
Tropicana Atlantic City

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[stockton.edu/light](http://stockton.edu/light)



For questions about accessibility or to request an accommodation, please contact the Office of Event Services and Campus Center Operations at 609.652.4878 or [event.services@stockton.edu](mailto:event.services@stockton.edu) at least 5 business days in advance of your participation or visit.

## OTHER RESOURCES

Bookmark the [COVID-19 Updates page](#) on the Gerontological Society of America (GSA) website for information on the coronavirus pandemic and links to useful information sources, including a [guide to distancing](#).



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posted tips on [taking care of emotional health](#) during crises and [ways of coping](#) with stress owing to the COVID-19 outbreak. The [Substance Abuse and Mental Health Services Administration](#) has additional information.

Because **older adults are at higher risk of getting sick** and having serious health complications from COVID-19, CDC has posted [specific guidance for older adults](#).

### **S.J. Economic Review Estimates Impact of COVID-19 Pandemic, Highlights Strong 2019**

In 2019, the South Jersey Regional Economy had its best year since 1984, read more in the spring 2020 edition of [The South Jersey Economic Review](#).

This review discusses significant trends that will impact everybody in southern New Jersey. The issue provides an overview of 2019, and projects the impact of the pandemic on the South Jersey regional economy in 2020. Based on different scenarios, regional GDP could contract between 12 and 28 percent (\$2.1 to \$5.1 billion). During the Great Recession of 2009, it contracted 9.6 percent.

The Spring 2020 edition of the [South Jersey Economic Review](#) is produced by the [William J. Hughes Center for Public Policy](#) at Stockton University and is posted on its website.

### ***The Noyes Museum Compiles Resources***

The [Noyes Museum of Art](#) of Stockton University has created a resource page for artists, cultural organizations, and Art Education Resources for Children & Families. The [Resource page](#) includes Coronavirus Health and Safety Resources, Art Education Resources for Children & Families, Resources for Artists & Museums, Cultural Organizations, and Coronavirus Updates from Stockton University.

### ***A Hughes Center Conversation: Coronavirus Pandemic Poses Risks to Mental Health***

**Galloway, N.J.** - First responders, medical personnel and even ordinary people sheltering at home must recognize the stress they are experiencing during the coronavirus crisis and take steps to cope with it. Atlantic County Sheriff Eric Scheffler discussed the risk of post-traumatic stress disorder and mental health issues related to the pandemic in a [video-recorded conversation](#) sponsored by the William J. Hughes Center for Public Policy at Stockton University and hosted by Executive Director John Froomjian.

Among those potentially at risk are EMTs dealing with coronavirus victims and medical staff treating patients in overwhelmed hospitals described in published reports as "war zones."

To view a video of the full conversation between Froomjian and Scheffler or to find resources on dealing with operational stress or PTSD, visit the [Hughes Center-Coronavirus Pandemic Poses Risks to Mental Health](#). Watch the entire video interview here: [youtu.be/u5cpKha3lKo](https://youtu.be/u5cpKha3lKo).

### ***JFS' Village by the Shore Programs in May A Great Way to Stay Connected – Virtually***

Margate, NJ (April 24, 2020) – If you're looking to enjoy some fun virtual programming and a chance to socialize while safely at home, then the Jewish Family Service *Village by the Shore* events are for you. In May, the Village will feature a host of interactive programs for your mind, body and creativeness. All community members are welcome to participate in these programs, so please invite your friends, family or neighbors. To participate in any of the programs, please RSVP to Tina Serota at

[Subscribe](#)[Past Issues](#)[Translate ▼](#)***The Positivity Project (Wednesday, May 6 from 10:30am to 11:30am)***

Chat with Village Membership Director Tina Serota for some positivity during these challenging times. Topics include self-care, mindfulness, purpose and well-being. Be prepared to share resources that you've found to be helpful.

***A Healthier You (Tuesday, May 12 from 11am to 12pm)***

With limited grocery options and gyms closed, you can join JFS Nurse Educator Maggie Weaver for a workshop on healthy eating and home exercise. Be ready to move as we'll practice a few stretches and activities to keep you active and healthy.

***Memoir Workshop (Friday, May 15 from 1pm to 2:30pm)***

Capture the thrill of your life's adventures, history, ancestry and more at our Memoir Workshop led by award-winning author and Drexel University Professor of Creative Writing, Harriet Levin Millan. You must have a laptop or pen and paper to enjoy the full experience of the workshop.

***Member Chat (Wednesday, May 20 from 11am to 12pm)***

We want to hear from you on how you're keeping busy, safe and healthy. Say hello to JFS Care Supervisor Jamie Reichelt, Care Coordinator Jessica Jones and Village Membership Director Tina Serota for some conversation and updates.

***Trash to Treasure Pencil Holder (Tuesday, May 26 from 11am to 11:30am)***

A fun workshop where you take household items and make a creative pencil holder. Led by Village member Becky Duer, you'll need a clean soup can, pieces of material and ribbon and glue.

***Coffee Klatch (Thursday, May 28 from 10:30am to 11:30am)***

Our world in 60 minutes! Insightful, animated and fast-paced conversation with friends spanning "both sides of the aisle and the middle." You may share thoughts on politics, technology, world events, the arts and more. This program is moderated by JFS Village by the Shore Membership Director Tina Serota.

Village by the Shore is a membership program for adults over the age of 50. The program provides care coordination, transportation, intergenerational events, Kosher meals and more. For information or to join the Village by the Shore, call Tina Serota at 609.822.1109 or visit [jfsvillagebytheshore.org](http://jfsvillagebytheshore.org).

***Games like Animal Crossing are the New Social Media of the Coronavirus Era***

Games like Nintendo's latest hit are perfect escapist entertainment, they're also helping us to connect during difficult times, writes Tanya Basu. **For the uninitiated:** In Animal Crossing, players are encouraged to build up a deserted island and chat with a series of goofy anthropomorphic animals. It's an escape and a safe space to chat to friends. Zoom happy hour—become one of our coronavirus isolation coping mechanisms. These games are more than escapist entertainment, though; they're

helping to reshape how we connect in a future where social distancing might become the norm. In the

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In-person events sponsored by various departments and center at Stockton have been cancelled or postponed until further notice. Please see [www.stockton.edu](http://www.stockton.edu) for further details.

## STOCKTON UNIVERSITY | STOCKTON CENTER ON SUCCESSFUL AGING

Some of the older adult programs offered by SCOSA are partially funded under Title III of the Older Americans Act of 1965, as amended, through a grant by the Division of Intergenerational Services, Atlantic County, New Jersey. You may make voluntary donations to SCOSA. Such donations are not a fee and are not required. Any donations received will be used to develop and operate future programs. If you wish to donate directly to SCOSA please make your checks payable to SCOSA and send them to:

SCOSA/SOBL, Stockton University, 101 Vera King Farris Drive, Galloway, NJ 08205-9441.

Quick Links to Stockton Programs and Facilities:

[Arts & Humanities on Facebook](#) and on [Youtube](#), [Performing Arts Center](#), [Holocaust Resource Center](#), [Art Gallery](#), [Veteran Affairs](#), [BayAtlanticSymphony.org](#), [Carnegie Center](#), [Atlantic City](#), [Manahawkin Instructional Site](#), [Kramer Hall](#), [Hammonton](#), [Anne Azeez Hall](#), [Woodbine](#), [The Noyes Museum of Art](#)

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