

STOCKTON UNIVERSITY



Thriving in Quarantine Presentation

Click here:

https://www.youtube.com/watch?v=qWPgU7p7qGc&feature=emb_logo

Resources

If you or someone you know is in a **crisis situation** and having thoughts of **death, dying and/or suicide**, contact the following resources **24 hours a day, 7 days a week**.

[NJ Hopeline](tel:1-855-654-6735): 1-855-654-6735

[National Suicide Prevention Lifeline](tel:1-800-273-8255): 1-800-273-8255

[National Crisis Text Line](tel:741-741): text the word "BRAVE" to 741-741

[Trevor Lifeline](tel:866-488-7386) (LGBTQ specific crisis line): 866-488-7386 or text "Trevor" to 1-202-304-1200

[Veteran's Crisis Line](tel:1-800-273-8255) (National Suicide Prevention Lifeline): 1-800-273-8255 or text 838255

[Stockton University Police](tel:609-652-4390): 609-652-4390 or 911

[RAINN](tel:1-800-656-HOPE) (National Sexual Assault Hotline) 1-800-656-HOPE (4673) <https://rainn.org/about-national-sexual-assault-telephone-hotline>

Psychiatric Intervention Program (Atlantic County): 609-344-1118

[Residential Life](#): Resident Assistant or Complex Director will work with appropriate University units.

WGSC Hotline : 609-849-8472

For additional support during regular office hours, Stockton University has on-campus resources. In the event you are experiencing severe anxiety, depression, or any other issues that are impacting your overall wellness, contact the Wellness Center (J-204).

[Counseling Services](tel:609-652-4722), 609-652-4722

[The Women's, Gender and Sexuality Center](tel:609-626-3611), 609-626-3611

