

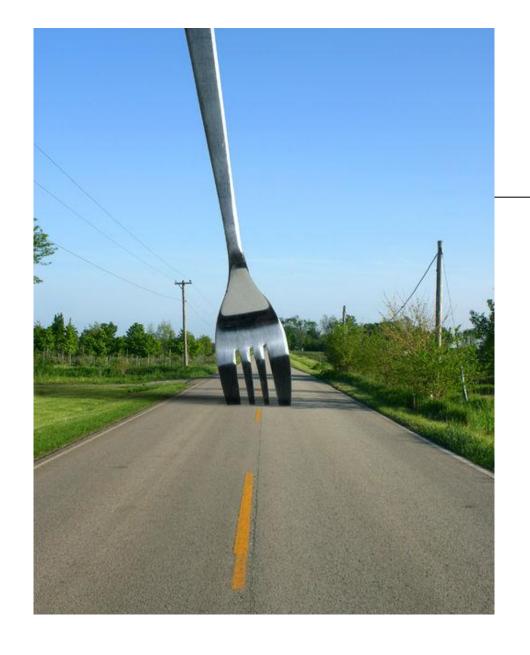
After Graduation: Concrete Strategies to be Competitive for Jobs or Graduate School

The indispensable first step to getting the things you want out of life is this: decide what you want.

Ben Stein

It is hard to imagine a more stupid or more dangerous way of making decisions than by putting those decision in the hands of people who pay no price for being wrong.

Thomas Sowell



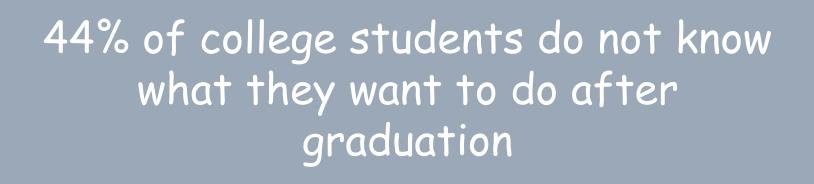
#### Outline

Statistics on paths after college graduation

Strategies to help you make a decision

Strategies to help you be competitive once you've made a decision

Tips and recommendations for graduate school



83% of graduating seniors said they didn't have a job lined up as of March

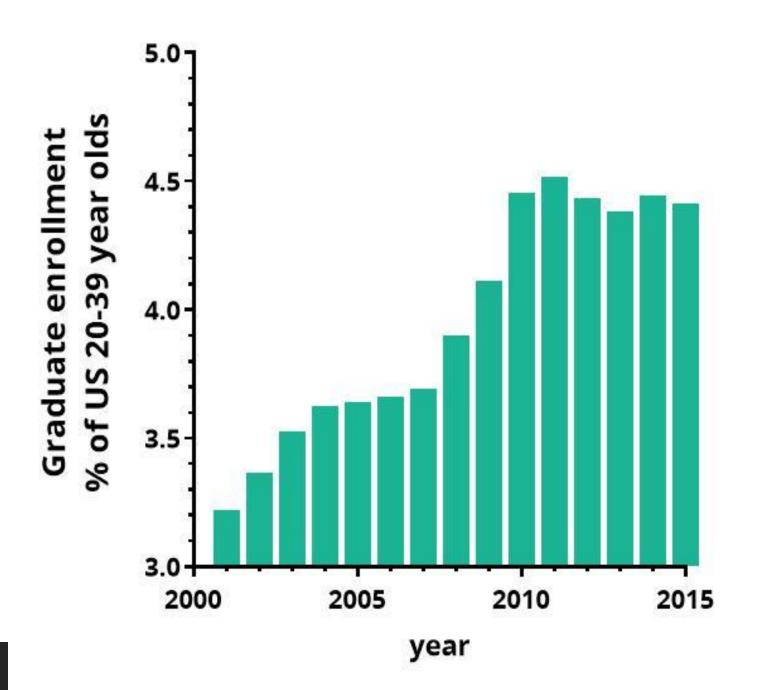
This didn't vary by major, including those majoring in business or STEM fields

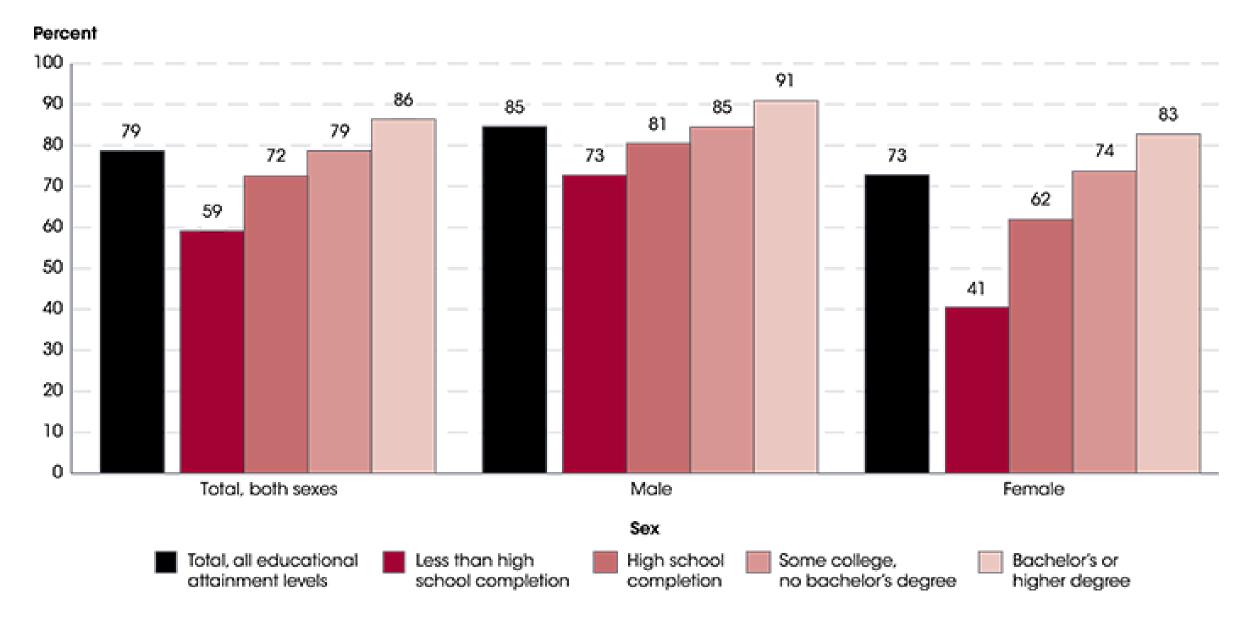


72% were actively looking for a job

During the 2019–20 academic year, how many degrees are colleges and universities expected to award?

- •1,975,000 bachelor's degrees
- •820,000 master's degrees
- •184,000 doctor's degrees





Employment rates of 25- to 34-year-olds, by sex and educational attainment: 2018

# Why does this matter? Underemployment

- 43% of recent graduates are working in a profession that does not require a college degree
- These underemployed graduates were 5x likely to remain underemployed 5 and even 10 years out
- 87% that were employed college level jobs after graduation remained in positions that matched their education level 5 years later



## How to avoid this? Make a decision!

When should you actively start making a plan for after

graduation?

How can you make a decision?



### Strategies to help you make a decision When and How

Start actively researching options and pathways in your sophomore year

#### Recommendation

 Consider more than just picking the right major/job for a future job market

#### Step 1 Meet with your advisor in your major

- What should you share with your advisor?
- What questions should you ask of your advisor?

## Prepare for meeting with your advisor

#### • Tell them:

- Discuss the reasons for your interest in your major
- Tell them what you hope to be doing in your career

#### • Ask them:

- What kinds of jobs can you do with your chosen major
- What kinds of post college degrees do you need to do this job
- What kinds of experiences do you need to be competitive



#### Step 2 Career Education & Development Center at SU

Set up interview with a trained member of the Career Education & Development Center

https://stockton.edu/career-center/

Register for:

Spring Career & Internship Fair

Career Fair Prep Workshops

**Career Community** 

### Step 3 Set up Interviews

Interview a few select professionals in your field

Shadow a professional in your field for a day

What kinds of questions to ask during the interview?

- What they like and dislike about their jobs?
- What do they do in a typical day?
- What did they do to get their job internships, graduate school, certifications, etc.

## Step 4 Be a scientist and do your research

What should you research now that you've found a possible career choice?

- Differences in pay and job opportunities if you have a BA versus a graduate degree
- Possible graduate schools in the geographic area of your choice
- Cost of graduate school



Earning your college degree is <u>NOT</u> enough to be competitive for a job or graduate school

#### Employers recommend Hard skills

Take part in outside the

classroom activities

Do a study abroad

Secure multiple internships

Take on leadership roles

Be able to think like a scientist

**Experiential learning** 

experiences (practical)

Variety in your coursework

Get involved in service activities

#### Stockton University Resources Center for Community for Engagement Student Success

Center for Community for

Engagement

https://stockton.edu/communit

<u>y-engagement/</u>

**Student Success Services** 

https://stockton.edu/student-

success/

#### Employers recommend Soft skills

Emotional intelligence Intellectually curious

Resilience Critical thinking skills

Learnability Taking personal responsibility

Receptive to feedback Communication

Personable

# Strategies to be Competitive for your Career Choice

When should you actively be search out opportunities to be competitive for your career choice?

Sophomore year!

Recommendation Letters

Placement tests (e.g., GRE)

Find out due dates for any and all application or internship deadlines

Build and maintain your resume or c.v.

Statement of purpose

### Competitive Strategies

Join clubs or service opportunities that your major offers

Psychology Club

Go to talks that your major sponsors
Get noticed by the faculty!



#### Competitive Strategies

Get involved in research!

• How do you do this?

Apply for internships

- DCF
- Washington internship
- Summer research internships



### Competitive Strategies

Senior thesis

Graduate with distinction or honors

Consider interdisciplinary minors



#### Best Practices Tips

Keep your resume updated at least once a semester

Keep a log/diary/journal for your off-campus activities (e.g., research, internship, community service, clubs)



# Another possibility Take a gap year?

### Decision Making Time

"Courage is willingness to take the risk once you know the odds. Optimistic overconfidence means you are taking the risk because you don't know the odds. It's a big difference."

Daniel Kahneman

#### Decision Making Time

Money matters!

You will earn more with a graduate degree

It costs more to go to graduate school

Will still be 30 with or without a graduate degree



## Decision Making Time Decision Matrix

#### **Decision Matrix Analysis Worksheet**

For information on decision matrix analysis, visit www.mindtools.com/rs/GridAnalysis.

Factors:				Total
Weights:				

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