

STOCKTON UNIVERSITY



PROCEDURE

Employee Assistance Program (EAP)

Procedure Administrator: Associate Vice President for Human Resources
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Index Cross-References:
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Approved By: Dr. Harvey Kesselman, President

The Office of Human Resources offers an Employee Assistance Program (EAP) which provides employees, their dependents, and all members of their households with free confidential short-term counseling, referrals, and consultation services.

The Office of Human Resources contracts with an independent, qualified outside EAP vendor to provide this service to employees. Employees can access these services directly through a toll-free helpline or with log-in information available on the Stockton Portal. These resources are available 24 hours per day, 7 days per week, 365 days per year.

The EAP provider will arrange for a local certified professional who can provide 3-5 counseling sessions. There is no charge to the employee for these counseling sessions. If further medical counseling is needed, the employee will be referred by the counselor to the appropriate professional/facility/organization based on participation in the employee's health insurance network/plan.

Employees may seek counseling services for a broad range of work/life areas including stress at home or at work, anxiety, depression, balancing work and family, anger, emotional issues, health/wellness concerns, marital/family issues, challenges with co-workers, legal/financial matters, alcohol/substance abuse education and coordination. All employee counseling will remain confidential between the counselor and the employee.

Review History:

	Date
Procedure Administrator	02/16/2022
Divisional Executive	03/01/2022
General Counsel	03/28/2022
Cabinet	04/14/2022
President	04/15/2022