

STOCKTON

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Stockton Center on Successful Aging Presents *Efficiently Independent – Save Energy, Save Money*

Free Information Workshop at Campus Center Feb. 8 on Reducing Energy Use and Saving Money with Free Winterization Services for Seniors

For Immediate Release

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Galloway Twp., NJ - The Stockton Center on Successful Aging (SCOSA) and NJPIRG's Energy Service Corps at Stockton will present a free information session on reducing energy use and costs through winterization services, 10:30 a.m. on February 8 in the new Stockton Campus Center, Room 5, here.

Escalating energy demands and costs, climate change and environmental degradation, combined with uncertain financial times are placing increased strain on both the planet and its inhabitants. Older adults are one group that is particularly affected as they struggle to make ends meet on limited or fixed income, often in older and less efficient homes.

Simple and effective steps can be taken, however, to help seniors maintain comfort and well-being while reducing their costs and their demand for energy. The workshop will illustrate how to reduce energy use and save money on utilities and to learn about programs available to foster Independence. Rebates and services to help seniors pay bills are several things to be discussed, as well as NJPIRG's Energy Service Corps' free individual winterization services.

Weatherization will consist of Stockton Energy Service Corps members doing an energy audit of the home and taking steps such as caulking windows, replacing incandescent light bulbs with more energy efficient options, and correctly setting thermostats. These simple changes can save up to 30 percent on utility bills and greatly reduce the amount of energy used in the home.

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