



The Richard Stockton College to Host “Foodie Tuesdays” Community Education Series in Hammonton Beginning Sept. 18

For Immediate Release

Wednesday, September 12, 2012

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HAMMONTON, NJ- The Richard Stockton College of New Jersey will host a fun and educational “Foodie Tuesdays” series of programming in the heart of the Hammonton Arts District, beginning September 18 and continuing every third Tuesday of the month through December (September 18, October 16, November 20 and December 18).

The programs include a seminar and discussion, followed by a light dinner related to the discussion. The seminar and discussions take place at the Hammonton Arts Center, 219 Bellevue Ave., and the dining takes place at Annata’s Wine Bar just across the street.

The seminars and discussions run from 6:00 pm – 7:30 pm, followed by dinner from 7:45 pm – 9:00 pm.

The first program is entitled “Super Foods: What’s the Magic About the Big 10?” The program explores the so-called “super foods” which provide nutrients, antioxidants, and other essential components of a healthy diet. The other programs are as follows:

- October 16- “Eating Local: How Being a Locovore Impacts Local Economic Development AND Your Health and Pocketbook”
- November 20- “Breaking Bread: Breads, History and World Culture”
- December 18- “Spicing Up Celebrations: The Chemistry and Culture of Flavors”

Registration is \$35 per person or \$30 per person for two or more registered at the same time. Come with a friend and save. Two people may register for the same course for \$60.

For more information, call the School of Graduate and Continuing Studies, 609-652-4227.

