

Stockton Center on Successful Aging Sets 2015 Festival for May 13, Helping Seniors Take Charge

For Immediate Release

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Galloway Township, NJ – The Stockton Center on Successful Aging (SCOSA) is holding its annual Aging Successfully Festival from 9 a.m. to 4 p.m. on **Wednesday, May 13** in the Campus Center at Stockton University, located on 101 Vera King Farris Drive in Galloway.

The daylong event celebrates Older Americans Month and the 50th Anniversary of the Older Americans Act. This year's theme is "Get into the Act," focusing on how older adults are taking charge of their health, getting engaged in their communities, and making a positive impact in the lives of others.

Last year's event drew over 500 older adults who attended lectures, workshops, musical presentations and visited over 30 businesses and organizations exhibiting throughout the day.

Admission is free, parking is ample steps away from the building and the Campus Center is on NJ's transit 508 bus line serving Atlantic City and Hamilton Mall.

The festival offers visitors a selection of lectures and workshops including:

Keynote Address from 10 - 11 a.m. in the Campus Center Theatre - Making Atlantic County an Age-Friendly Community: Dana Burr Bradley, director of the Center for Gerontology at Western Kentucky University, will discuss pathways to developing age-friendly communities, an initiative of the World Health Organization.

Adaptive Technologies That Help Keep You in the Act - from 9 a.m. to 3 p.m. in the Trustees Meeting Room: Stockton Occupational Therapy Students

Stay in the Act ... Long Term Care Financing Options from 9 - 9:50 a.m. in Meeting Room 2: Charles C. Weeks, Jr., JD, CFP

Atlantic County Office on Aging Programs and Services - 9 - 9:50 a.m. in the Campus Center Theatre: Marilu Gagnon and Cindy McNellis

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Mindfulness, Meditation, and Being in the Now from 9 - 9:50 a.m. in Meeting Room

3: Linda Schwartz

Put Your Best Brain Forward: Tips for a Healthy Mind & Free Cognitive Screenings from

11:10 a.m. - 12:50 p.m. in Meeting Room 1: Christine Gayda-Chelder, SCOSA Service Chair

Be Pro-Active: Using Wills, Trusts & Powers of Attorneys from 11:10 - noon in Meeting

Room 3, by Grayson H. Heberley, III, Esq., elder law attorney

The Best Places to Visit in the US & World Today from 11:10 - noon in the Campus Center

Theatre: Chuck Sawicki, Road Scholar Ambassador

A Better You... A Better Community - 1 - 1:50 p.m. in Meeting Room 2: By Cape Atlantic

Coalition for Health

Preparing for the Next Big Disaster - Be Ready from 1- 1:50 p.m. in Meeting Room 4: Jess

Bonnan-White, PhD

Celebrating Older Adults' Voices and Creativity from 1 - 2:50 p.m. in Meeting Room

5: Lisa Cox, PhD and Cynthia Inman Graham

Effects of Financial Exploitation on the Elderly from 2 - 2:50 p.m. in Meeting Room 3:

Alayna Berg

How May We Serve You Best? Enhancing SCOSA Services Focus Group from 2 - 2:50

p.m. in Meeting Room 1: Christine Gayda-Chelder, SCOSA Service Chair

National Senior Health & Fitness Day: Walk Around Lake Fred from 2 - 2:50 p.m. - sign

up at registration desk: Christine Ferri, SCOSA Education Chair

The Power of Music & Memory: An Olde Tyme Sing-Along - throughout the day in the

Grand Hall of the Campus Center: Nancy Fiedler with Mary Koenke

Music by the Stockton Faculty Band Unplugged

Plan to visit exhibitors representing businesses and organizations that serve older adults and their families and participate in the Visitor Give-Away - gifts donated by exhibitors including a \$250 certificate towards a Road Scholar adventure.

Sponsors include: Stockton University, Southern New Jersey Council of Aging Endowment Fund, The Shores United Methodist Homes, the Wallerstein Foundation for Geriatric Life Improvement, Rowan University's New Jersey Institute for Successful Aging, Compassionate Care Hospice and AtlantiCare.

Registration isn't necessary but one can register online by visiting the [festival page](#) of stockton.edu/scosa, where more information, updates and cancellation procedures for SCOSA events can be found.

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