



Stockton Center on Successful Aging Presents Lunch & Learning Workshop at Brandywine Senior Living

Register Now – Free for Older Adults

For Immediate Release

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Galloway Township, NJ- The Stockton Center on Successful Aging (SCOSA) is sponsoring a free workshop for older adults at Brandywine Senior Living at Brandall Estates, 432 Central Ave., Linwood, NJ 08221 on **March 6, 2014** from 12 p.m. to 2 p.m. A light lunch, compliments of Brandywine Senior Living, begins at noon. The lecture begins at 1 p.m.

The workshop titled “Major Illness Diagnosed, and the Whole Family Suffers” will be conducted by SCOSA Volunteer Instructor Marguerite Heaton-Colella, MSW, LCSW, BCPCC, and New Jersey licensed clinical social worker. Currently in private practice in Linwood, Heaton-Colella has a wide variety of specialized training and experience, including leading groups for family and friends of people with cancer at Gilda’s Club of South Jersey.

The patient gets the cards, prayers, and the sympathy, but the caregiver(s) also suffer and are forgotten. Dreams for their future, financial pressures, and relationship strain are just some of the stressors while families cope (or not) with major illness. Heaton-Colella will explore the emotional and heart-breaking challenges of dealing with major illness in the family.

Advanced registration is required by online registration (www.stockton.edu/scosa) or phone message by calling 609-626-3591 (please leave your contact information). Visit the SCOSA website at www.stockton.edu/scosa for more information, updates and cancellation procedures.

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