

## Stockton Center on Successful Aging Presents

### 'Find, Get and Keep the Job You Want'

Register for Free Workshops for Older Adults at Kramer Hall in Hammonton

#### ***For Immediate Release***

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**Contact: Maryjane Briant**  
**News and Media Relations Director**  
**Galloway Township, NJ 08205**  
**Maryjane.Briant@stockton.edu**  
**(609) 652-4593**

**Galloway Township, NJ** – The Stockton Center on Successful Aging is sponsoring a free, four-session workshop titled: "Find, Get and Keep the Job You Want: A New Environment Calls for New Strategies" for older adults at Stockton University's Kramer Hall, 30 Front St. in Hammonton, NJ. The workshops will take place on four dates in September: Tuesday, Sept. 8, and then Mondays Sept. 14, 21 and 28, from 10 a.m. to noon. Michael Kuhlman with the National Council on Aging will facilitate the workshops.

Four weekly sessions will take you through the SELFIE (Self-Empowering Learning for Innovative Enlightenment) model that Kuhlman created, including:

- Identify and overcome obstacles that keep you from the job that's right for you;
- Discover what you have to offer and find your competitive edge in this changing work environment;
- Learn what our community employers need and want in their employees;
- Develop strategies for a successful presentation, from creating your resume to your final job interview;
- Practice your new presentation skills on a group of your peers and benefit from their objective critique, while learning about your competition.

Register [online](#) or call 609-626-3591 to register. Seating is limited. Visit the SCOSA website at [www.stockton.edu/scosa](http://www.stockton.edu/scosa) for more information, updates and cancellation procedures.

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