

## Stockton Center on Successful Aging Presents Two Workshops on Cardiovascular Disease

Free Lectures held July 18 and Sept. 14 at Brigantine Senior Center

### ***For Immediate Release***

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**Galloway, N.J.** – The Stockton Center on Successful Aging (SCOSA) is sponsoring two free workshops on cardiovascular disease at the Brigantine Senior Center, located in the Brigantine Beach Community Center at 265 42<sup>nd</sup> St. South in Brigantine. N.J.

“Older Adults and Stroke Disorders” will be held on **Monday, July 18, 2016** from 10:30 – 11:30 a.m. and will discuss Aphasia, a speech and language disorder caused by damage to the brain, one of the possible side effects of stroke.

“Older Adults and Heart Disease” will be held on **Wednesday, Sept. 14, 2016** from 10:30 – 11:30 a.m. and will explore the warning signs, symptoms and effects of heart disease.

The lectures will be presented by Leslie Baruffi, regional manager of Griswold Home Care.

Registration is not necessary. Visit the SCOSA website at [www.stockton.edu/scosa](http://www.stockton.edu/scosa) for more information, updates and cancellation procedures.

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