

THE RICHARD STOCKTON COLLEGE OF NEW JERSEY

Office of Public Relations
Pomona, NJ 08240

The Richard Stockton College of New Jersey Marks “Healthy Aging Month” *Series of Lectures and Events Planned*

For Immediate Release

Thursday, September 13, 2007

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Galloway Twp., NJ –The Stockton Center on Successful Aging will sponsor a variety of educational programs for older adults and those who serve them throughout the month of September in recognition of National Healthy Aging Month. This educational programming will continue throughout the academic year. Events will be presented both on and off campus.

A six-part lecture series designed for older adults, and funded by the Atlantic County Division of Intergenerational Services runs through December:

- **Creative Arts for Successful Aging**, Wednesday, September 19, 2007, 10:00 - 11:30 am, Noyes Museum of Art, 733 Lily Lake Road, Oceanville, NJ.
- **Women Like Wine - Aging to Perfection**, Thursday, September 27, 2007, 3:30 - 4:15 pm, Townsend Residential Life Center, Stockton College Campus, Pomona, NJ.
- **Brain Health**, Tuesday, October 23, 2007, 10:30 - 11:30 am, Buena Nutrition Site, 604 Central Avenue, Minotola, NJ.
- **Using Assistive Technology for Better Health in Aging**, (Celebrating World Usability Day), Tuesday, November 13, 2007, 3:00 - 4:00 pm, Bacharach Rehab Hospital, Hollander Building (2nd floor), Jim Leeds Road, Pomona, NJ.
- **The History of Coffeehouses and Their Role in Civic Engagement in America**, Friday, November 30, 2007, 2:30 - 3:30 pm, Stockton Bean's List Cafe (F-Wing Atrium), Pomona, NJ.
- **The Spirit of Holiday Music**, Thursday, December 6, 2007, 10:00 - 11:00 am, Jeffries Towers Nutrition Site, 227 N. Vermont Avenue, Atlantic City, NJ.

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Another series, the “Brown Bag Lecture Series on Research on Aging” is open to the public, and particularly useful for service providers, as it provides the latest research related to aging. All Brown Bag presentations are on Stockton’s Galloway Township campus.

- **Diabetes**, Dr. Ada Casares, Tuesday, September 18, 2007, 4:30 - 5:30 pm (West Quad, Room 103).
- **The Benefits of Forgiveness & Gratitude**, Dr. Marcello Spinella, Thursday, September 20, 2007, 4:30 - 5:30 pm (F-115).
- **The Effects of Yoga, Traditional Stretching and Strengthening, and Normal Activities on the Functional Levels of Individuals with Osteoarthritis of the Knee**, Dr. Mary Lou Galantino & Dr. Elaine Bukowski, Thursday, October 25, 2007, 4:30 - 5:30 pm (F-111).
- **Cultural Diversity, Aging, Grief & Loss**, Dr. Arnaldo Cordero-Roman, Wednesday, November 14, 2007, 4:30 - 5:30 pm (H-113). This presentation will be preceded by a musical performance at 4:00 pm.
- **Aging & Spirituality**, Dr. Diana Batten & Dr. Jennifer Lyke, Monday, December 10, 2007, 4:30 - 5:30 pm (H-113). This presentation will be preceded by a musical performance at 4:00 pm.

For more information and a full calendar of events, please log on to www.stockton.edu/agingcenter, or contact David Burdick, Center Director, at (609) 652-4311. All of these events are free and open to the public.

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