# STOCKTON | SCHOOL OF

## The Role of Physical Therapy in Health and Wellness

## Saturday, April 27<sup>th</sup>, 2019

## Saturday, April 27<sup>th</sup> 11:30 am Check In, Program time 12:00am-4:00pm

### Fannie Lou Hamer Auditorium

### COURSE OUTLINE

- 1. Health and Wellness (1 hour)
  - a. Programs
  - b. Assessments
- 2. Describe policies and programs to guide health outcomes
  - a. Federal (30 minutes)
    - i. County Rankings
    - ii. Healthy People 2020
    - iii. Population Health
      - 1. Description and the current program.
      - 2. Population Health in NJ
  - b. State (30 minutes)
    - i. NJPHK
    - ii. Shaping NJ
    - iii. Healthy U
  - c. Local (15 minutes)
    - i. Live Healthy Vineland
- 3. Discuss the physical therapist role in wellness (30 minutes)
  - a. APTA Vision
  - b. PT Scope of Practice
- 4. Community partners for collaboration on healthy population activities. (30 minutes)
- 5. Group activity Clinic to Community linkage (45 minutes)