



## SCOSA News & Upcoming Events

Volume 6, Number 1

### Adult Education Calendar January 2017

#### LGBTQ Intergenerational Group [FLYER](#)

Thursday January 12,  
2017, 10:00am - 2:00pm  
Stockton Manahawkin  
Instructional Site

#### A Tour of Poetry [FLYER](#)

Saturday, January 14, 2017,  
11:00am-1:00pm  
Northfield Public Library

#### Message Center

##### Basket [FLYER](#)

Saturday, January 21, 2017,  
10:00am-12:00pm  
Swan Bay Folk Art Center  
Port Republic

#### Tapping the Source: Memoir Writing [FLYER](#)

Saturday,  
January 21, 2017, 10:30am-  
12:30pm  
Stockton Galloway Campus -  
Meeting Room 1

### Wishing You a Happy and Healthy New Year!

#### SCOSA NEWS:

##### New Connections, Programs, and Intern

The New Year brings new collaborative programming with national, regional and local organizations. Learn more in the months to come – check our [web-site](#), and subsequent E-Newsletters.

1. **Sustainability and [Gray is Green](#) Initiatives:** Building on past offerings by partnering with the [Atlantic County Utilities Authority](#), the [Library Seed Bank](#), and others, including Stockton Biology Professor and SCOSA Faculty Fellow Dan Hernandez. LSB will provide a series of lectures on issues of climate change, sustainability, and biodiversity, and SCOSA will assist them in collecting oral histories from older adults with a farming background (a project similar to our [Garment Workers of South Jersey](#) project). The U.S. Environmental Protection Agency has resources and an upcoming webinar (January 11<sup>th</sup>, 4pm) on the impact of climate change on older adults and other vulnerable populations. [Click Here](#) for details.
2. **Enhanced Older Adult Education Programs:**

A new partnership with the **Milton & Betty Katz JCC** will involve SCOSA Older Adult Education presentations at several Atlantic County Senior Nutrition Sites managed by the JCC. We have also held meetings to discuss other ways that the JCC and SCOSA can collaborate for the benefit of seniors in our community, for example by partnering in the planning and promotion of SCOSA's Spring Festival and JCC's

**Find, Get, and Keep the Job You Want** [FLYER](#)

Four Part Course:  
Wednesdays, January 25,  
February 1, 8, and 15, 2017  
12:00pm-2:00pm.  
Stockton Kramer Hall,  
Hammononton.

**Being Mortal - Film Screening and Discussion** [FLYER](#)

Wednesday, February 1,  
2017, 1:00-3:00pm  
Bay Avenue Community  
Center, Stafford Township

**Planning for Long-Term Care: Protecting Life's Savings** [FLYER](#)

Wednesday, February 1,  
2017, 1:00pm-2:00pm  
Woodview Estates, Mays  
Landing

**Card Making Class** [FLYER](#)

Friday, February 3,  
2017, Session 1: 12:00-  
1:30pm  
or Session 2: 1:30-3:00pm  
Stockton Manahawkin  
Instructional Site

**Heart Basket** [FLYER](#)

Saturday, February 4, 2017,  
10:00am-12:00pm  
Swan Bay Folk Art Center,  
Port Republic

**SCOSA Pickleball January Schedule:**

January: 18, 23, 25, and 30  
The two courts are available  
from 8:00-10:30am  
Stockton Sports Center. [Click](#)

Senior Expo. We also will begin to offer expanded programming at the new **Stafford Township Community Center**, and in collaboration with the **Tilton Athletic Club** in Galloway and perhaps other locations.

3. **Memory Café:  
A New Alzheimer's Support Program**

If you or a loved one are living with early stages of cognitive impairment, you may know that it can be challenging to maintain social ties with people that don't understand Alzheimer's disease or related disorders.

Starting on Saturday, January 28<sup>th</sup> from 10:30-12:00noon in Stockton Room F-121, SCOSA and the Alzheimer's Association Delaware Valley Chapter will be offer a memory cafe for individuals living in the early stages of Alzheimer's disease or a related disorder and their loved ones. Socialize with peers, have fun and develop new friendships in a safe, relaxed environment facilitated by trained volunteers. Care partners are encouraged to attend.

For more information or to register, please contact David Johnson at [800.272.3900](tel:800.272.3900) or [dijohnson@alz.org](mailto:dijohnson@alz.org).

(An Alzheimer's Café will also be offered on Tuesday January 24, 2017 from 11:30am – 1:00pm at Spring Village of Galloway. Registration is required. For additional information on this program [CLICK HERE.](#))

4. **Welcome to SCOSA's New Intern:**

Ms. Shannon Scibor. a resident of Freehold, is a 2<sup>nd</sup> semester senior psychology major with a concentration in mental health and minors in holistic health and gerontology. Shannon will run our Memory Café and assist SCOSA with other projects. She is an experienced gymnast and has worked as a gymnastics coach at Heart and Soul Gymnastics Academy in Galloway. Shannon has volunteered with several community organizations and is the social activities coordinator for Stockton's Delta Phi Epsilon sorority.

**Remembering Old Friends and Supporters**

SCOSA notes with sadness the recent passing of Betsy-Ann Rogge of Brigantine NJ at age 92. [Betsy's Obituary](#) shows that our area has lost another kind, caring, and civically engaged citizen who has left her mark on the community through volunteer efforts spanning three quarters of a century.

Stockton's gerontology faculty first met Betsy-Ann in the mid-1980s in her position as Trustee of the South Jersey Council on Issues of Aging (SNJCIA), a group visionary civic-minded retired business leaders who recognized the need to prepare for the aging of the Baby Boom Generation. We worked closely with

[here](#) to register.

Betsy, her husband John (who survives her) and the SNJCIA in many ways for several years. Two years ago John and David McCann represented the SNJCIA as they disbanded and turned over their assets to the Stockton Foundation, creating the [SNJCIA Endowment Fund](#) to provide financial support to SCOSA.

This week also marks the second anniversary of the passing of [Frances Leonilda Acerra Christopher](#), in whose honor Dr.s Elizabeth and Richard Elmore established an endowment fund in support of SCOSA. The Elmore and others continue to give to this fund in honor of Mrs. Christopher.

The SNJCIA and Christopher endowments and our Maria Teski Memorial Fund provide vital support for SCOSA's many programs. To donate to any of these funds [CLICK HERE](#) and be sure to select "Previously established Restricted Fund" and indicate which of the above funds. For other giving options please contact the SCOSA director at (609) 652-4311.

#### **Brown Bag Lunch & Learns: Free Webinars for Professionals, Faculty/Staff, and Students**

Through our membership in the American Society on Aging (ASA), SCOSA will continue our presentation of informative ASA Webinars. The programs run from 1:00-2:00. To register please e-mail [Gina.Maguire@Stockton.edu](mailto:Gina.Maguire@Stockton.edu) providing your full contact information, indicating which program(s) you plan to attend and whether you need her to e-mail you a temporary parking pass. For additional details on each program, please [CLICK HERE](#).

- Wednesday, January 11<sup>th</sup>: Emotional Aspects of Caregiving
- Tuesday, January 17<sup>th</sup>: Cultural Awareness in Dementia Care
- Wednesday, January 18<sup>th</sup>: What Advances in Medical Aid in Dying Can Tell Us About Integrating the Patient's Voice into End-of-Life Care

**Stockton TV Channel 9 Airs *CMS and You* at 5:30pm and *Aging Insights* at 6:00pm, Monday through Friday.**

- **January 2017 Programs: *Medicaid 101 (CMS & You)*, *Senior Arts (Aging Insights # 64)***

These informative programs, offered respectively by the Centers for Medicare and Medicaid Services and the New Jersey Foundation for Aging, change mid-month, and offer useful and informative information for older adults on a variety of topics such as choosing the right health care provider, dealing with dementia, and staying active in the retirement years.

Business and organizations wishing to place 10-20 second underwriting spots to raise awareness about their services among viewers should contact the SCOSA Director for

details. The channel is currently posting five [Thank You slides](#), showing SCOSA's gratitude to our 2016 Festival sponsors, exhibitors, and advertisers. These can be viewed during the 6am - 9am community calendar program.

### **Martin Luther King Jr Annual Day of Service Your Help is Needed**

Each Martin Luther King Jr Day, SCOSA partners with the Manahawkin Instructional Site to host one or more events that benefit our community. One goal this year is to address food insecurity and basic needs of area residents and students by delivering "Meals in a Bag" and "Necessity Bags" during the week following MLK Day (Monday January 16<sup>th</sup>). Your donations of *specific* non-perishable food items are needed to make this program a success. Click [HERE](#) for more details. Deliver your donations to the SOBL office (H-201) Main Campus, Stockton's Manahawkin Instructional Site, 712 E. Bay Ave, Manahawkin or contact [Gina.Maguire@stockton.edu](mailto:Gina.Maguire@stockton.edu) for more information.

---

### **Programs Sponsored by Others at Stockton\***

1. [Mindfulness Based Stress Reduction](#) Classes offered by the Stockton Division of Continuing Studies begin on February 3<sup>rd</sup> and run through April.
2. Kramer Hall (Hammonton) is partnering with the Literacy Volunteers Association (L.V.A.) to host and promote English language tutoring workshops and their campaign to recruit volunteer tutors. The workshops present tutorial services to enhance community members' skills in reading, writing and an overall command of the English language. LVA volunteer tutors must complete 5 three hour workshops and must commit to a minimum of 1 year of continuous service.

Click here for [info on becoming a tutor](#) or here for [info on English instruction workshops](#). For volunteers, LVA will hold a tutor training orientation at Kramer Hall on Tuesday, January 17 from 4PM-6PM. RSVP is required. Please direct any questions and your RSVP to LVA Program Director Katherine Micale at [lvakmicale@comcast.net](mailto:lvakmicale@comcast.net).

*\* Also see links in our newsletter footer to other Stockton organizations that offer programs you may enjoy.*

---

### **Presented by Community Partners and Others**

**Cambridge University, England Summer Lifelong Learning**  
[Click Here](#) for details.



Some of the older adult programs offered by SCOSA are partially funded under Title III of the Older Americans Act of 1965, as amended, through a grant by the Division of Intergenerational Services, Atlantic County, New Jersey. You may make voluntary donations to SCOSA. Such donations are not a fee and are not required. Any donations received will be used to develop and operate future programs. If you wish to donate directly to SCOSA please make your checks payable to SCOSA and send them to: SCOSA/SOBL, Stockton University, 101 Vera King Farris Drive, Galloway, NJ 08205-9441.

*Copyright © 2017 Stockton Center on Successful Aging. All rights reserved.* Per your request you are receiving this email announcement of upcoming events.

**Our mailing address is:**

Stockton Center on Successful Aging  
Stockton University  
101 Vera King Farris Drive  
Galloway, NJ 08205

[Add us to your address book](#)



**STOCKTON**  
UNIVERSITY

Arts & Humanities on [Facebook](#) and on [Youtube](#). [Performing Arts](#)

[Center](#). [Holocaust Resource Center](#). [Art Gallery](#). [Veteran Affairs](#). [BayAtlanticSymphony.org](#). [Carnegie Center](#). [Atlantic City](#). [Manahawkin Instructional Site](#). [Kramer Hall](#). [Hammonton](#). [Anne Azeez Hall](#). [Woodbine](#). [The Noyes Museum of Art](#).