

The following survey is designed to help you think through some of the reasons you may have experienced academic difficulty at Stockton. Please be sure to take time to answer each section openly and honestly. Your responses will help you and the advisor to determine specific strategies to get back on track with your academics. Explain your answers in the spaces provided and use the back if necessary. **Bring this with you to your advising appointment.**

Please comment on how each of the following areas may have impacted your academic performance.

Time management skills

Study Habits (note taking, hours devoted to study, study groups, how you study for tests, etc, using math lab, writing lab, seeing instructors, etc.)

Class attendance

Social life and its impact on academics

Motivation and academic preparedness for major you are pursuing

Other issues (roommate, homesickness, health, etc)

After having worked through this checklist, what are some of your ideas for improving your academic performance this semester? Be specific. For example, writing “study harder” is not specific. What specific study skills would you like to develop? What do you do well? How could you focus on what you do well and transfer those skills to your academics. What are your dreams for life past college? Use the back of this sheet as necessary.
